



# Fair Play and Happiness through Sports

Discover FAIRHAP Project



Co-funded by the  
Erasmus+ Programme  
of the European Union

*How can a ball be so powerful?*

**It all starts with a ball.**

But when you add an *inspiring coach*, the power of sport takes root. Children are naturally drawn to sport, recreation and play, which are a vital part of *childhood*.

Not only are they a vital part of helping children to *grow, learn and explore*, they are every child's *right*.



# **PROJECT DESCRIPTION**





# PROJECT GOAL

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## Fair Play and Happiness through Sports (FAIRHAP)

a two years project (1.1.2017 – 31.12.2018), co-funded  
by the European Commission under the Erasmus+ programme

The project aim is to support and provide the necessary awareness to those who teach sports to children about basic Olympic values through:



innovative educational seminar  
approaches, in order to facilitate the  
transferring of values together with  
the joy through sports.

*in order to:*



instil and teach children (10-12 years  
old), at an age that is most vital to the  
development of character and  
personality, all the universal values that  
are concentrated in the Olympic ideals,  
through participation in sports activities,  
using the specially formulated  
educational material.

# PROJECT OBJECTIVES

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## FAIRHAP OBJECTIVES

**Improve** the understanding of Olympic fundamental values and their importance and the ability to apply and promote these concepts in all aspects of children's lives.

Give the opportunity to children through the participation in team sports, to **increase** their cognitive, emotional, and psychomotor activity, and to promote their self-awareness, sense of interdependence, cooperation and collegiality.

**Change** the attitude of sport organizations and institutions not to focus in competition but in sports for all.

**Mobilize** people who have direct involvement in sports, education, in order to broaden their minds through the gained knowledge about the importance of the promotion of the Olympic values.

# PARTNERSHIP MAP

## FAIRHAP CONSORTIUM



The FAIRHAP project is implemented by a consortium of **five partners from 5 European Countries.**

### **Greece**

Creative Thinking Development  
(CRE.THI.DEV.)

### **Romania**

Alexandru Ioan Cuza University of Iași  
(UAIC)

### **Bulgaria**

NGO - Inter Sport Group (ISG)

### **Latvia**

Jelgavas Novada Pasvaldiba (JELGAVA)

### **Italy**

Istituto Europeo per lo Sviluppo Socio  
Economico (ISES)

# PARTNERSHIP COMPOSITION

Non-profit organisation	HEI	Sport Club	Municipality
Creative Thinking Development (CRE.THI.DEV.), <i>Greece</i>	Alexandru Ioan Cuza University of Iași (UAIC)	NGO - Inter Sport Group (ISG)	Jelgavas Novada Pasvaldiba (JELGAVA)
Istituto Europeo per lo Sviluppo Socio Economico (ISES), <i>Italy</i>	<i>Romania</i>	<i>Bulgaria</i>	<i>Latvia</i>



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# **MAIN OUTCOMES**





# REPORTS

## **Report: Needs for Education on Fair Play and Olympic Ideals (report based on desk research)**

### **The report contains:**

- Analysis of the current situation in the partner countries regarding sport system.
- Analysis of the current status of awareness raising about sports ethics among sports educators.
- Analysis of ethics in sports and social implications - Sports for all as a tool for social change and personal growth.
- Analysis of sport participation for children and its effects on social progress and personal growth.
- Description of the educational needs of sports' teachers and coaches regarding the promotion of Olympic ideals.
- Composite information on Good Practices and innovative approaches.

## **Report: Attitudes regarding social and moral values of sport/P.E. teachers and coaches (report based on field research)**

### **The main objectives of this exploratory survey in the 5 Partners' countries were to:**

- Explore the concepts that Physical Education (PE) Teachers, Sport teachers and Coaches adopt regarding values.
- Explore how sport/P.E. teachers and coaches define, understand and facilitate the potential contribution of sports to the development of Olympic values through teaching social and moral skills to their pupils.
- Identify the resources/training sport/P.E. teaches and coaches draw on to obtain their knowledge about promoting Olympic values, social and moral skills development.
- Identify sport/P.E. teaches' and coaches' possible needs regarding new educational tools and approaches for the promotion of fundamental Olympic values.

# EDUCATIONAL MATERIAL / WORKSHOP / TRAINING

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## Educational material

- Production of appropriate educational material for the sports teachers, PE teachers and coaches that will be trained through this project in order to help them teach the children about the principles of the FAIRHAP Project.

## Workshop

- A 3-days training workshop will take place in Greece, the aim of which is the presentation, evaluation and improvement of the educational material.
- The executive team will consist of 2 coaches from each country.

## Training of sport teachers

- Sports teachers in the relevant contact sports (football, basketball, handball etc), that will train the children's teams, will receive a 2-days seminar based on the produced educational material. They will also be given teaching plans for the training sessions with the children.
- Seminars will be held in all partners countries.

# IMPLEMENTATION OF TRAINING SESSIONS / OPEN TOURNAMENT

## Implementation of training sessions for the children

- Each country will organize groups of children between the ages of 10-12 years old.
- The only criterion will be their age alone.
- Two training sessions will be organized per week for each group for a period of six months. The training will include practical as well as theoretical lessons.
- The object of workouts will be contact sports (football, handball, basketball) and will be adjusted in motor and cognitive skills of the participating children.
- Before the beginning of the sessions, the children will be evaluated by the teachers as to the level of their awareness and knowledge on the principles of the FAIRHAP project.
- The same questionnaires will be given to the children after the completion of the training courses in order to evaluate the benefits they obtained by their participation in the training sessions.
- A final Report containing all the results for the training will be produced.

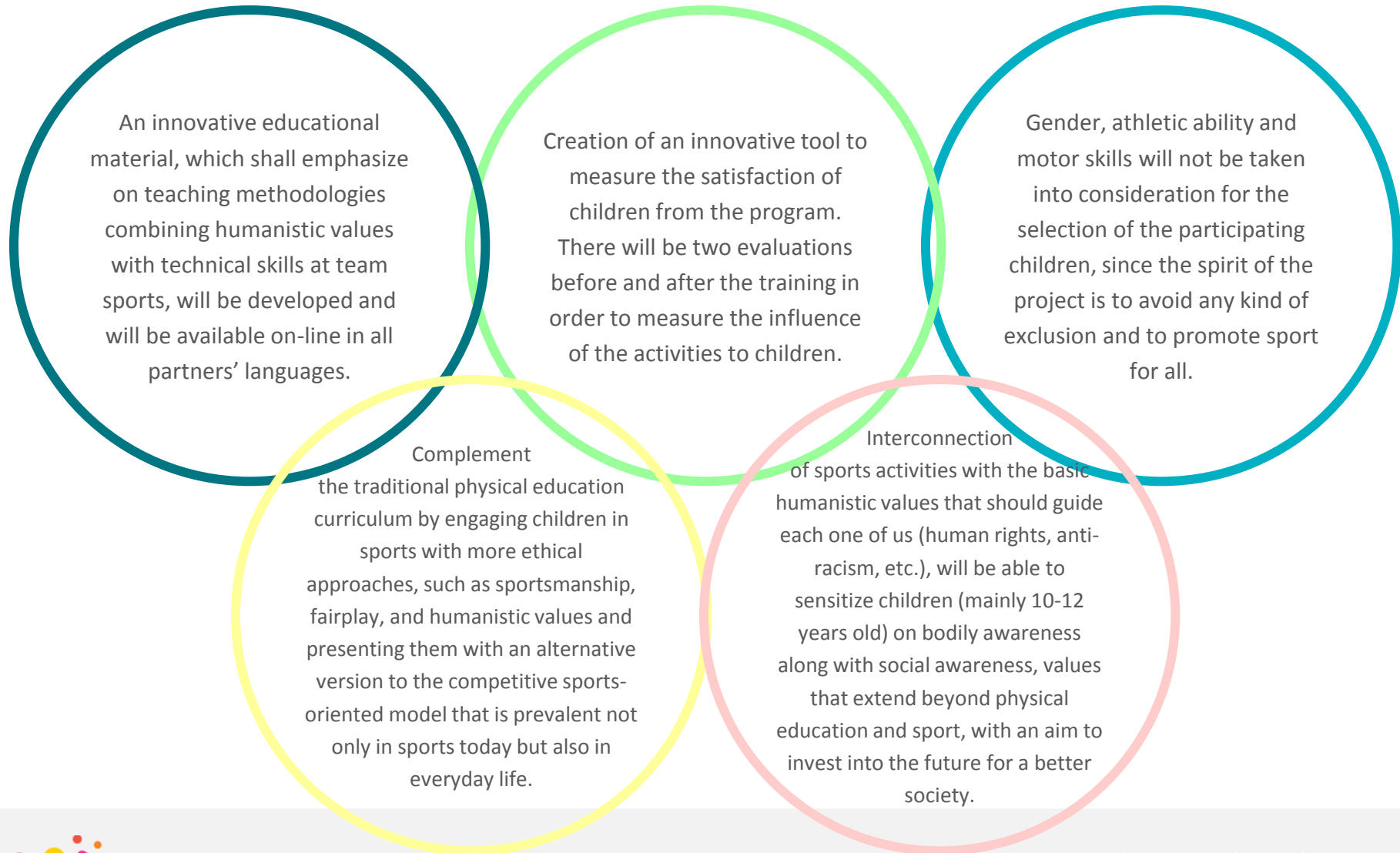
## Open tournament of games

- 2-days open tournaments shall be held, in each partner country.
- The aim is to observe the athletic behaviour of children after the training in the subjects of the project and to present the outcomes to the public and the relevant stakeholders.
- All children's groups shall participate in a series of games that will be of non competitive nature.
- There will be tokens for all children for their participation in the events and in the project and the appreciation of their competing in good sportsmanship.

**VALUE**



# ADDED VALUE





# PROJECT TARGET GROUPS

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The project addresses different target groups at national and European level:

- Sports organizations
- Schools
- Sport training centers
- Trainers, Physical Education (PE) Teachers, Coaches / coaches of team sports, Sports' teachers
- Policy makers
- Associations of Child psychologists
- Parents' associations
- HEI's
- HEI's Students

# COMMUNICATION CHANNELS



# PROJECT CONTACTS

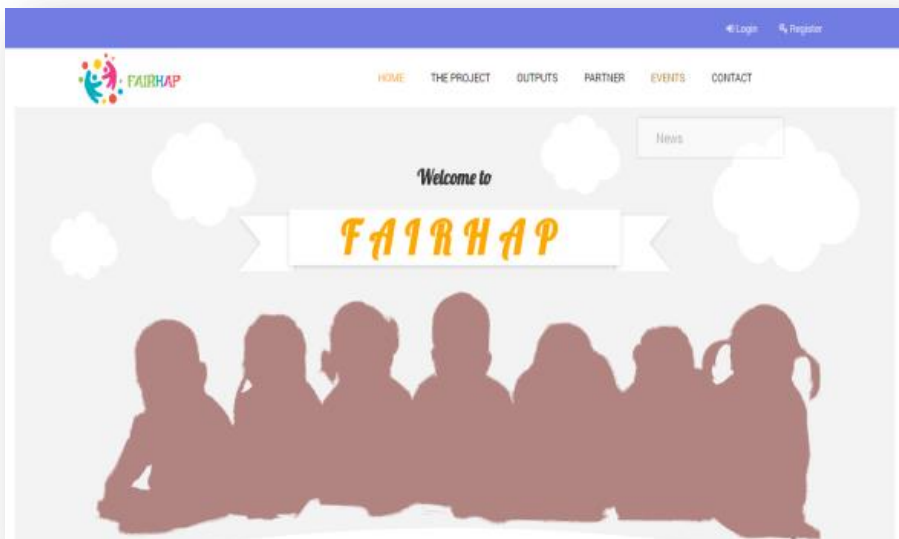
## Join the FAIRHAP communication channels



[www.fairhap-project.eu](http://www.fairhap-project.eu)



[www.facebook.com/fairhap](https://www.facebook.com/fairhap) (@fairhap)



[info@fairhap-project.eu](mailto:info@fairhap-project.eu)



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Thanks for your attention!

