

A digital booklet about project

# Living and learning in natural and green environment

2021-1-LV01-KA220-SCH-000024421

(PORTUGUESE GROUP)



Co-funded by the  
European Union





# C1 - Mobility to Iceland

ERASMUS + MARCH 2022





# Reykjavik

On the first day we spent in Iceland we stayed in Reykjavik. We were able to get to know the city, the culture, some monuments and take some pictures.





















# Portuguese team







## BORGARNES

After a morning storm, we finally arrived.

The students met their Icelandic colleagues who welcomed them into their homes and the teams of teachers from different countries finally got to know each other.







# Monday, 14th March - Day at school

Students and teachers learning about Icelandic nature, biology, plants.

ERASMUS+ MARCH 2022

WELCOME  
TO ICELAND!

Portugal

Betout 90  
Sax. 9-5  
Elm. 9-5  
Cintex 22  
70

Orla  
ekki  
stroka



# Tuesday, 15th March Day at school

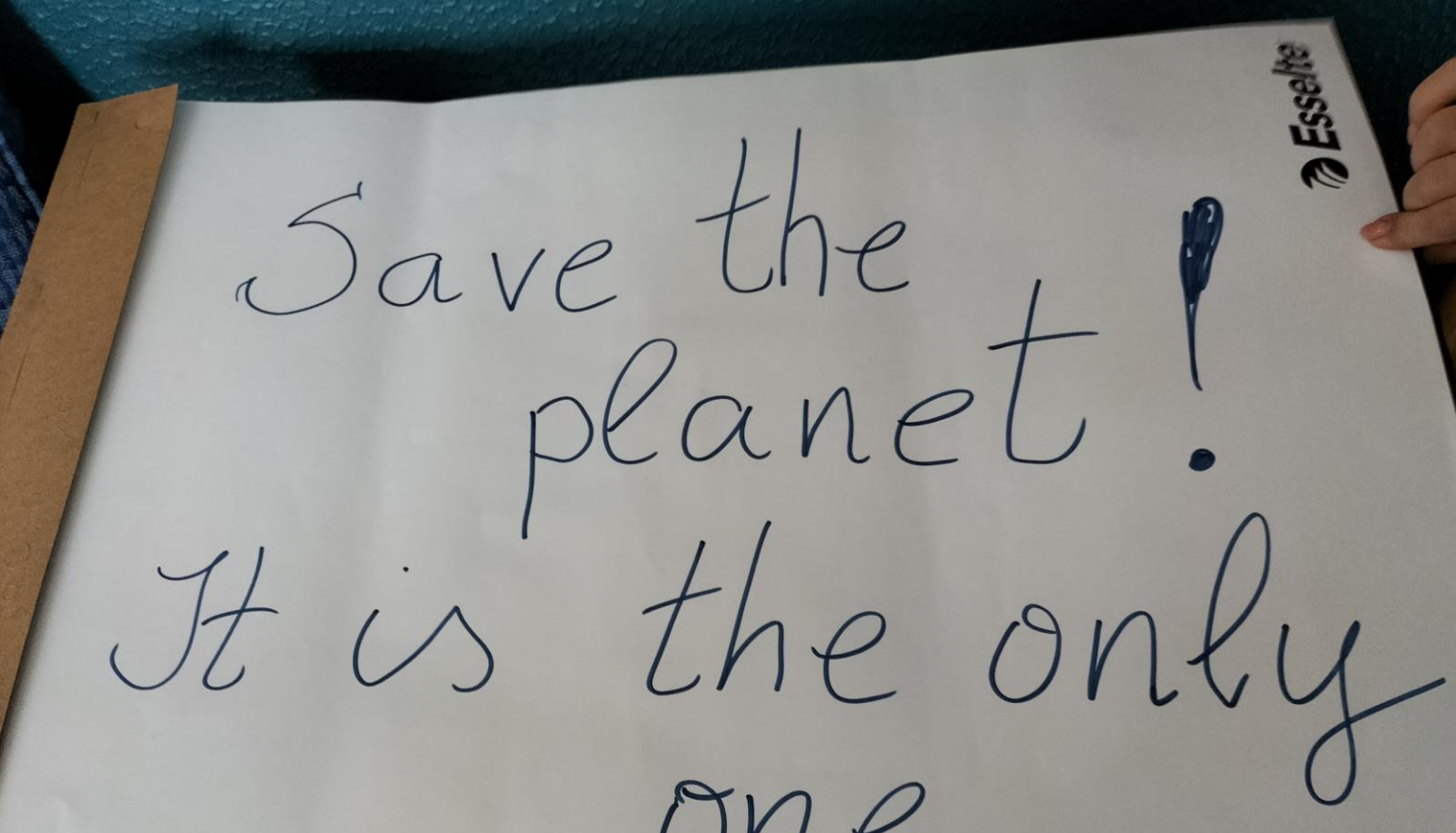
The second day we started with the activities that we could not do on day 1 due to the storm. Students visited school, observed Iceland educational system. Students were divided into groups and started their activities: swimming in the pool, making typical Icelandic bread and playing a team game



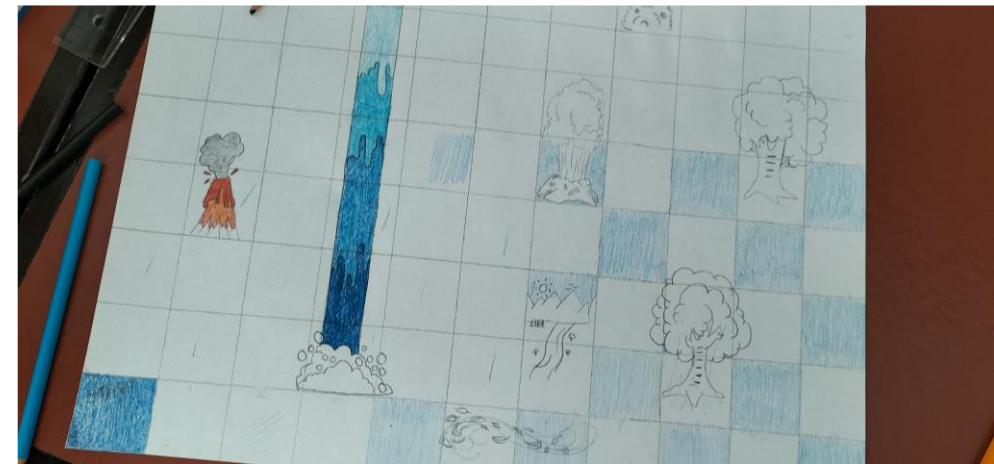


**Tuesday, 15th March Day at school**





**Tuesday, 15th March  
Day at school**





# Wednesday, 16th March Field trip

We went to a river near Reykholt and afterwards students and teachers had explored the impressive lava tunnel and learned about the history of the cave, they explored different rocks and cliffs.







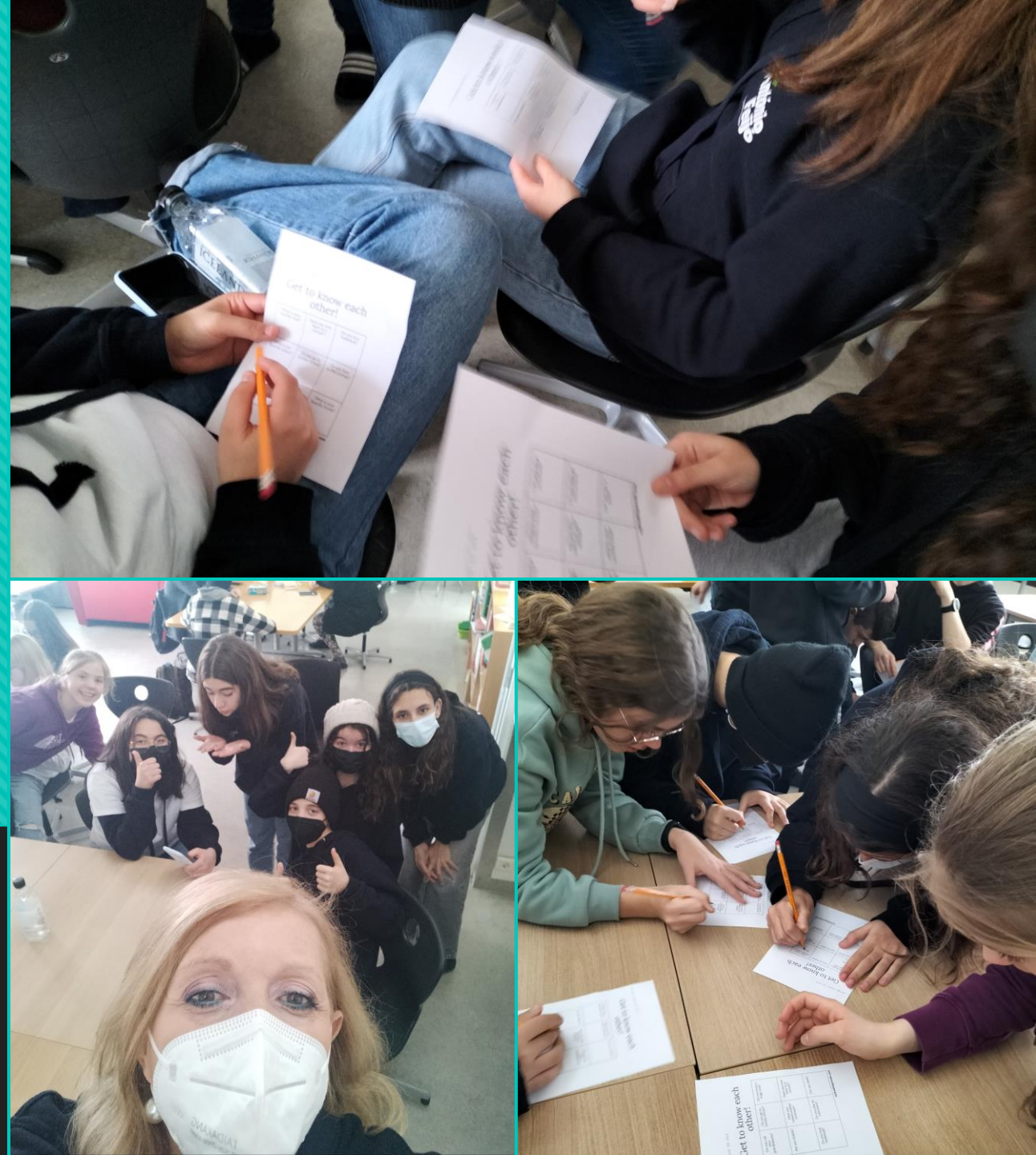
**Wednesday, 16th March**  
**Field trip**



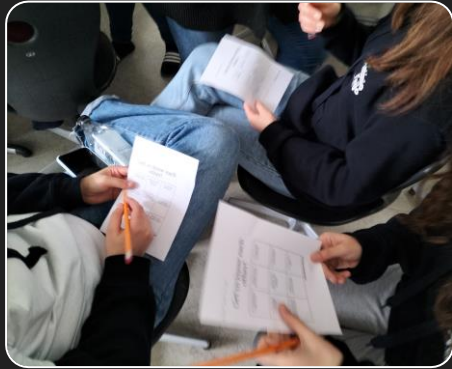


# Thursday 17th March Day at school

We worked in groups with the other students in our presentations.



# Friday, 18<sup>th</sup> March - Day at school / Farewell



**We worked in groups with the other students in our presentations.**

**In the morning we meet at school and introduced our countries, province and school.**





# Friday, 18<sup>th</sup> March Day at school - Farewell

Later, we attended the farewell party, which lasted a few hours, and we said goodbye to colleagues from other schools.



**Thank you to all the families that welcomed us**



# what the students said

*What I liked the most was the  
Krauma Spa.*

Luisa Ferreira

*What I liked the most was to  
meet new people from different  
countries.*

Maria Luisa Silva

*What I liked the most was the  
guided visit to «The Cave»*

Nuno Baptista



**Next Stop  
ARAD - ROMANIA**





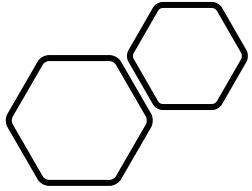
**Saturday, 19th March - RETURN TO PORTUGAL**



# C2 – Mobility to Romania

MAY 2022



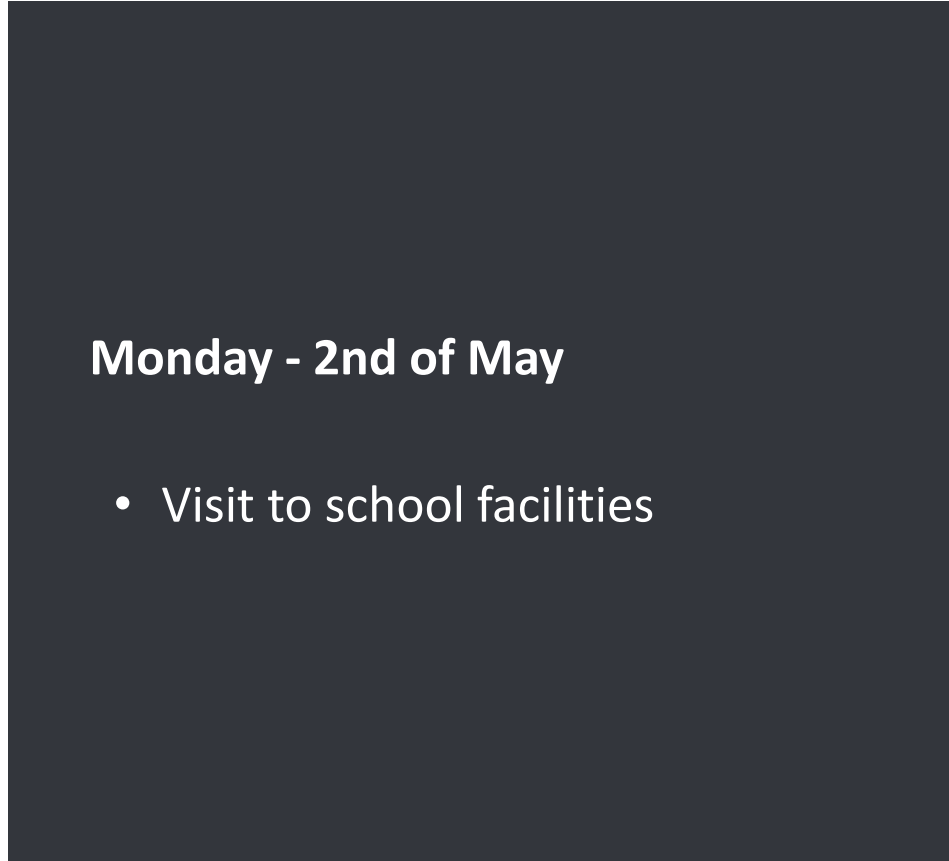


**Monday - 2nd of May**

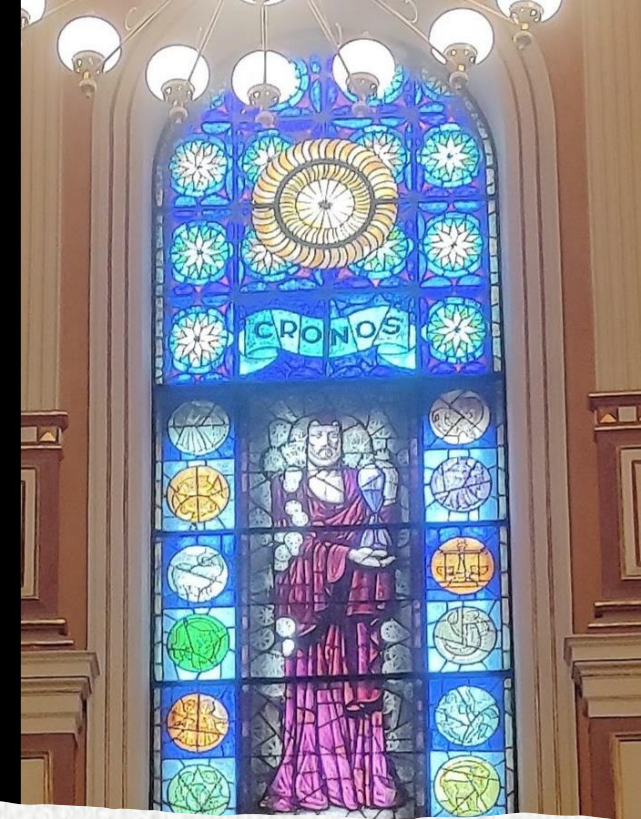
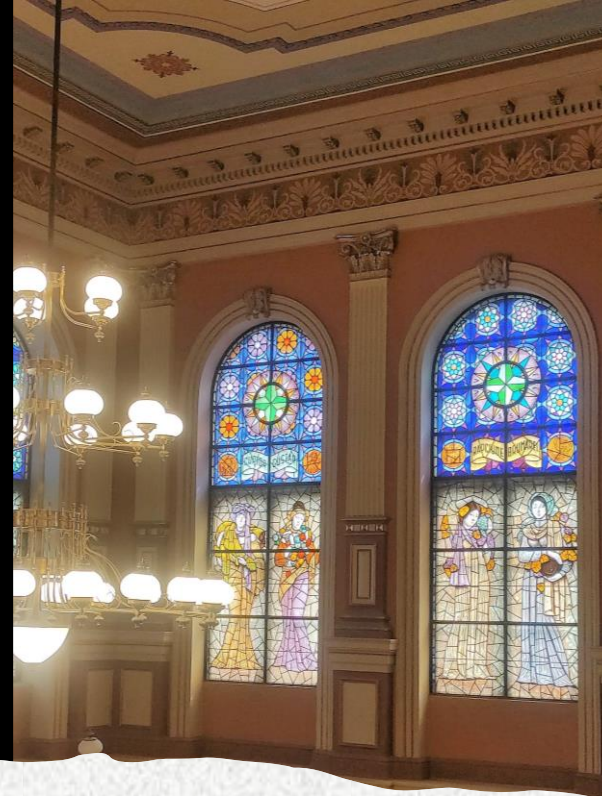
- Activities in school for students
- Project work for teachers
- Welcome reception with traditional bread and salt, a way of wishing prosperity and abundance











Reception at the town hall of Arad and meeting with the mayor





**Monday - 2nd May**  
Guided tour of the city of Arad, in two groups, one with students and the other with just teachers.

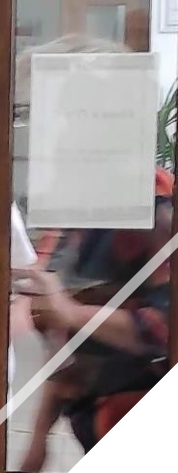




Tuesday, 3rd May  
Presentation of work  
carried out by students







Tuesday, 3rd May  
Presentation of work  
carried out by students







Tuesday, 3rd May  
Visit to a biological park

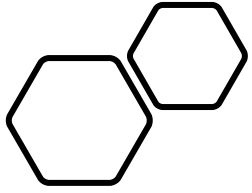




Wednesday, 4th May  
Visit to a natural park








**Thursday, 5th May**

Visit to the salt mines in Turda.  
It was worth doing 318 kilometers.

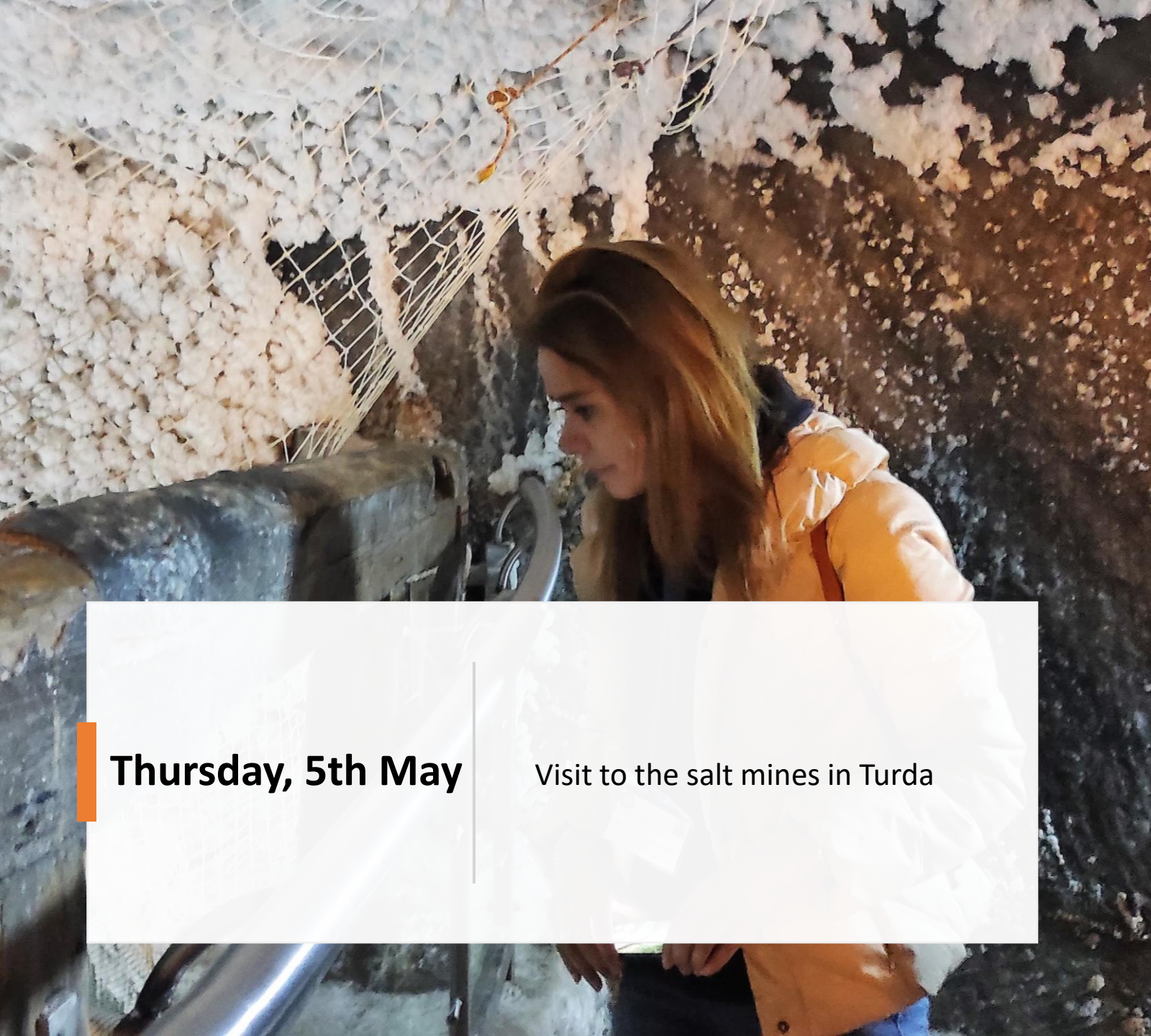






Thursday, 5th May  
Visit to the salt mines  
in Turda





**Thursday, 5th May**

Visit to the salt mines in Turda







**Friday, 6th May**

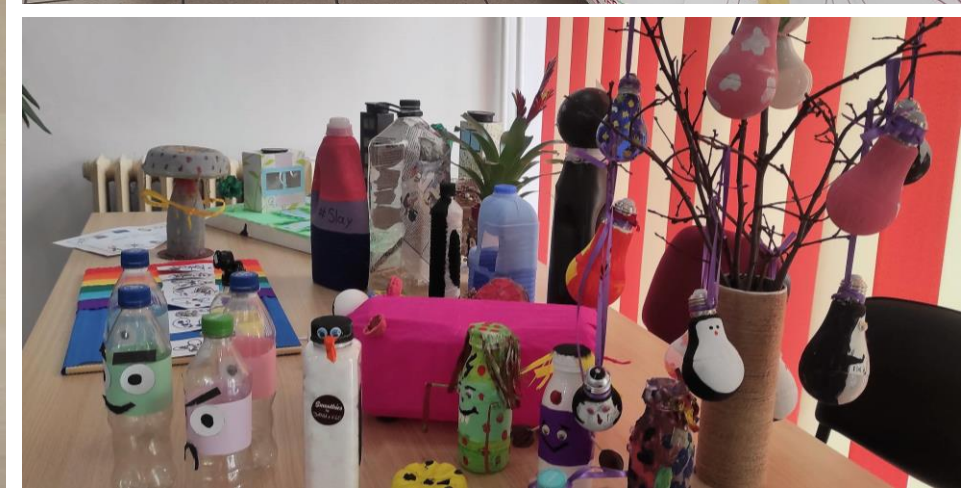
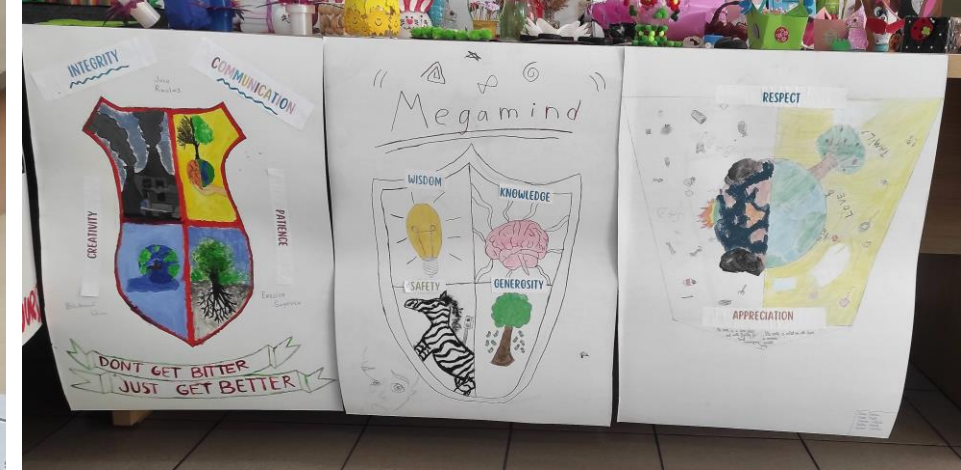
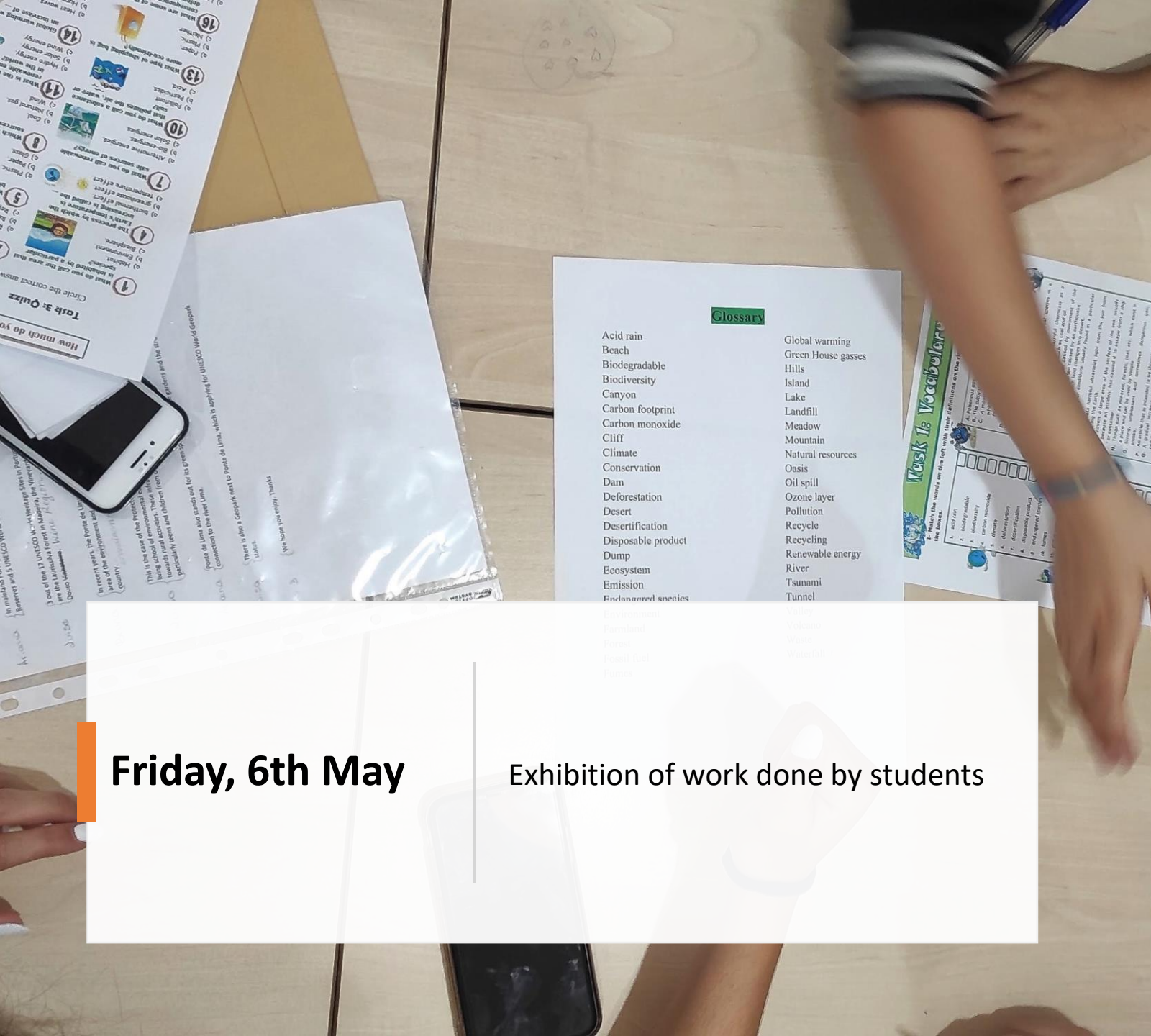
Visit to the Education Inspectorate





Friday, 6th May

Exhibition of work done by students







Friday, 6th May  
handing out diplomas





**Friday, 6th May**

The city was already preparing the celebration of Europe Day in Arad





## Friday, 6th May

Farewell party.

After a week full of activities, it was time to say goodbye.



See you in Portugal.







what the students said

*I liked everyone there and I loved the family that I stayed with.*

Ariana Oliveira



The background is a light gray grid with various colored squares (black, white, gray, green, red, purple, brown, teal) scattered across it. Some squares have black outlines, and some have shadows. There are also some yellow curved lines in the top left corner.

# C4 – Mobility to Spain

IES Las Marinas, Roquetas de Mar – Spain

Subject: Achieving the 3 R's of  
sustainability: Reduce, Reuse, Recycle.

NOVEMBER 2022



Monday  
21<sup>st</sup>  
November

Welcome ceremony at school.  
Greeting by headmaster.







# Monday 21<sup>st</sup> November

Town Hall in Roquetas de Mar







# Monday 21<sup>st</sup> November

Town Hall in Roquetas de Mar

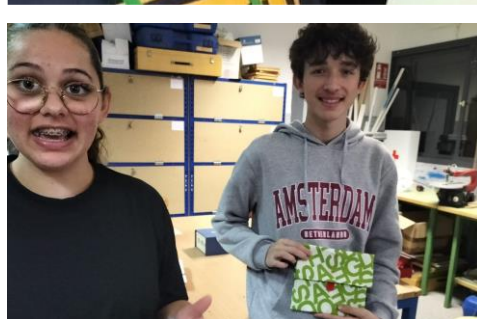
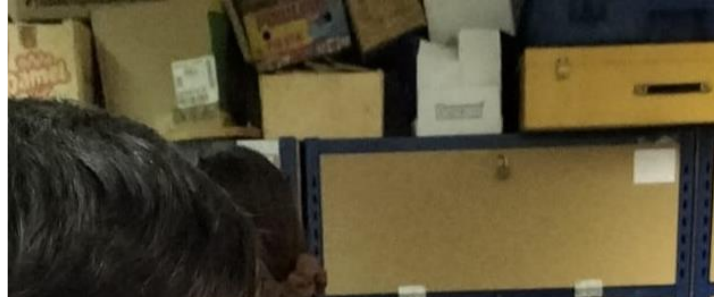






Monday 21<sup>st</sup> November





Monday 21<sup>st</sup> November

Working session on reusable lunch bags (for students)





Monday 21<sup>st</sup> November

Working session on reusable lunch bags (for students)

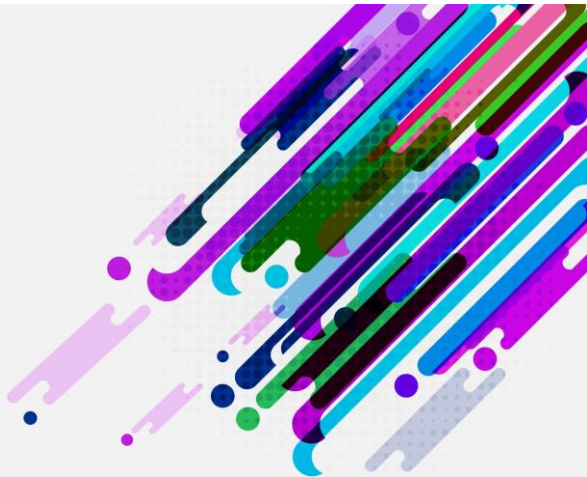


Monday  
21<sup>st</sup>  
November

Workshop for teachers  
participating in this exchange





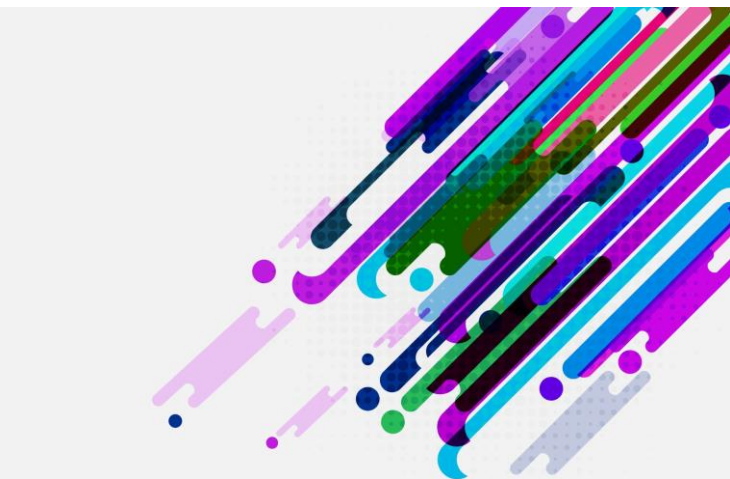
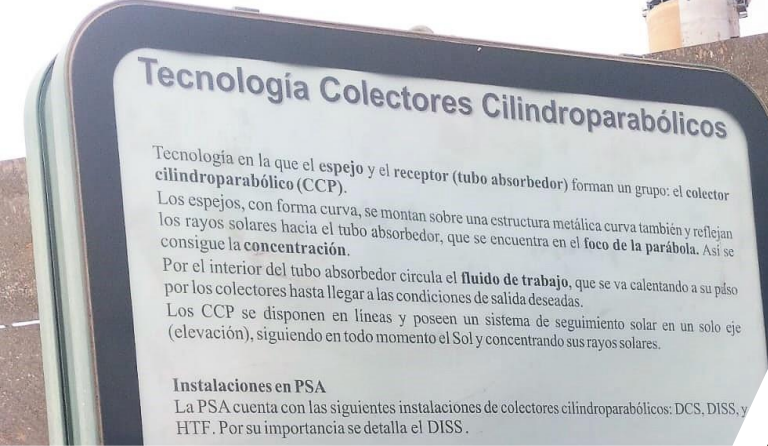


# Tuesday 22<sup>nd</sup> November

Plataforma Solar de Almeria







# Tuesday 22<sup>nd</sup> November

## Plataforma Solar de Almeria







# Tuesday 22<sup>nd</sup> November

Lunch in Lucainena







# Tuesday 22<sup>nd</sup> November

Lucainena de las Torres.

Guided visit to mines, guided walk and visit to town.







# Tuesday 22<sup>nd</sup> November

Lucainena de las Torres.

Guided visit to mines, guided walk and visit to town.





# Wednesday 23<sup>rd</sup> November

The 3 R's of Sustainability Workshop







# Wednesday 23<sup>rd</sup> November

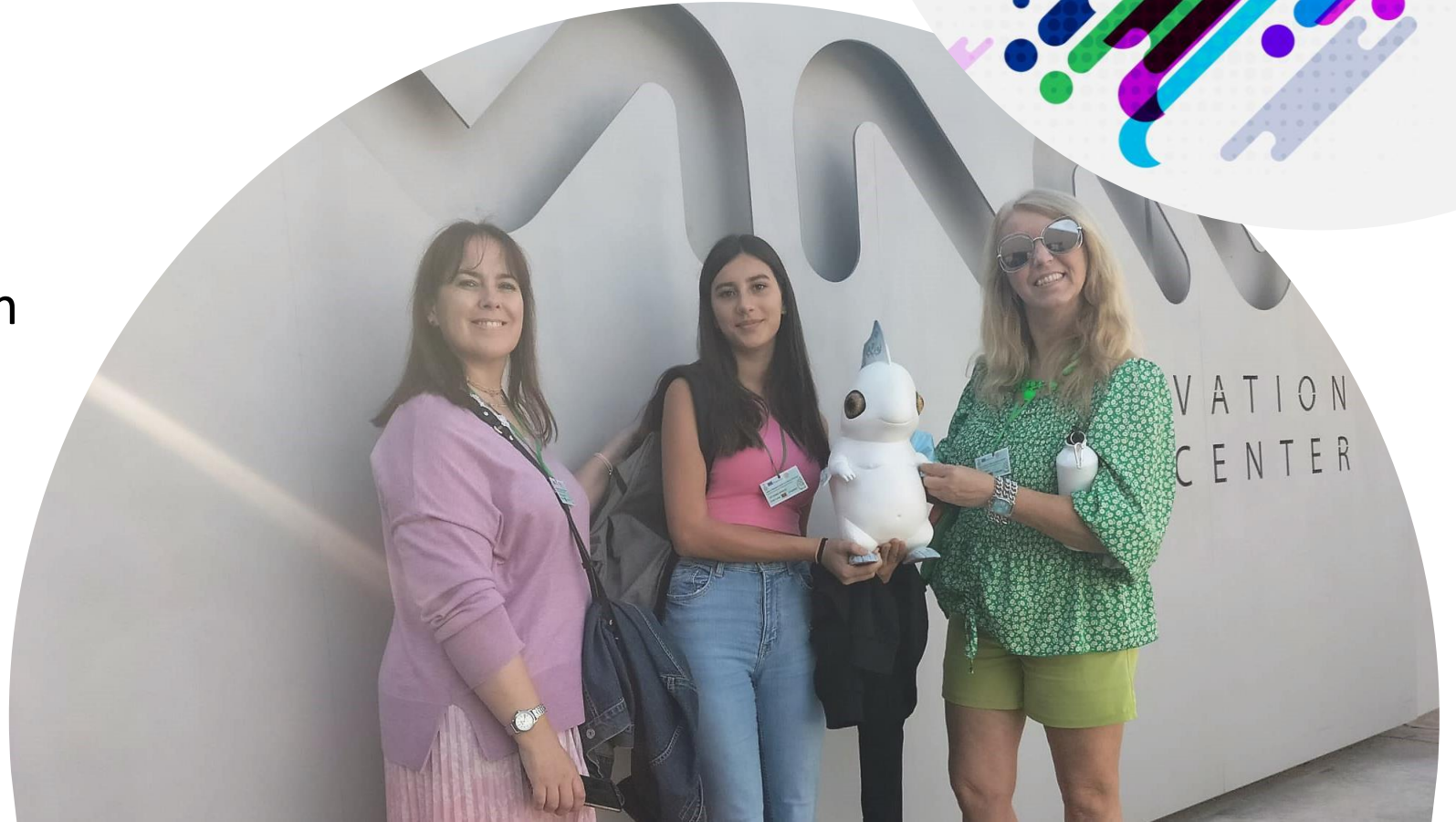
## The 3 R's of Sustainability Workshop



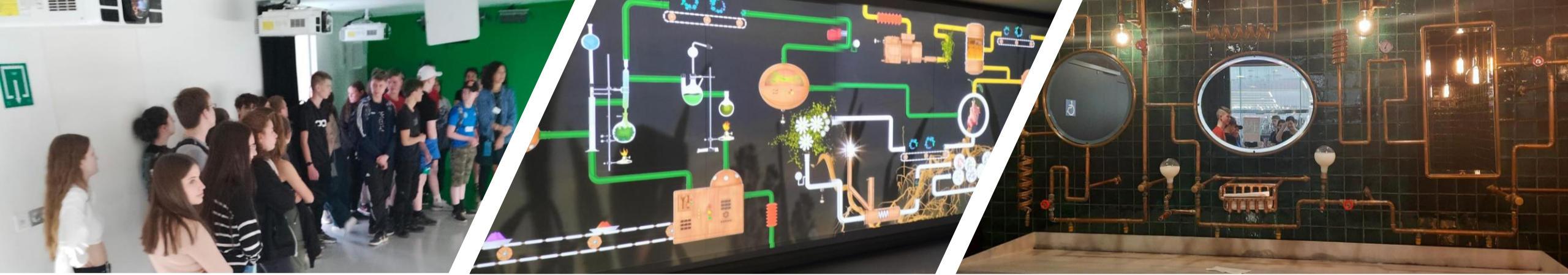


Wednesday  
23<sup>rd</sup>  
November

Visit KIMITEC, the biggest  
research center focused on  
natural molecules for  
agriculture.







# Wednesday 23<sup>rd</sup> November

Visit KIMITEC, the biggest research center focused on natural molecules for agriculture.

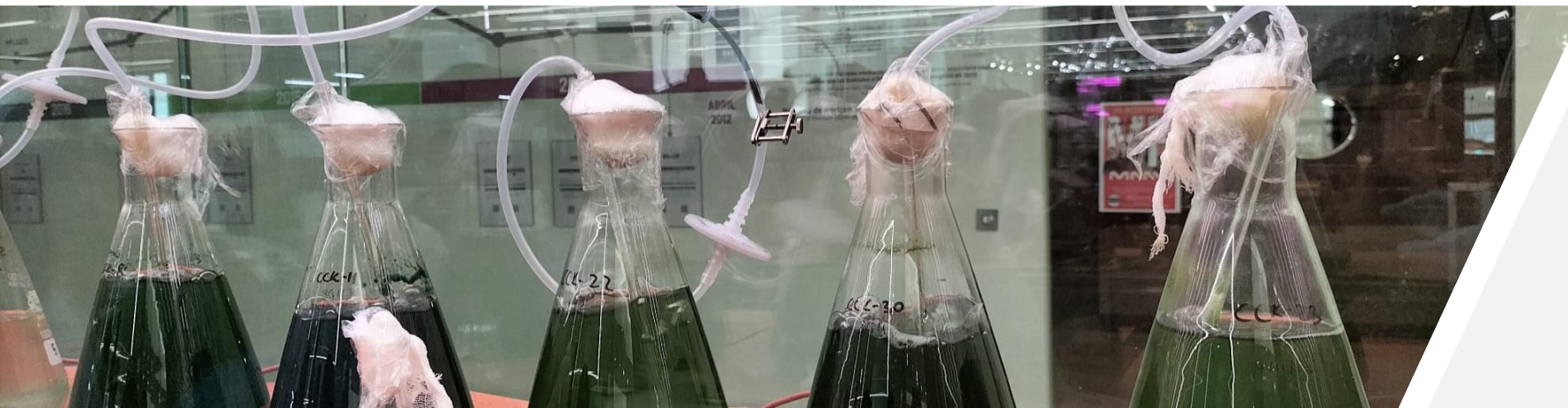






# Wednesday 23<sup>rd</sup> November

Visit KIMITEC, the biggest research center focused on natural molecules for agriculture.





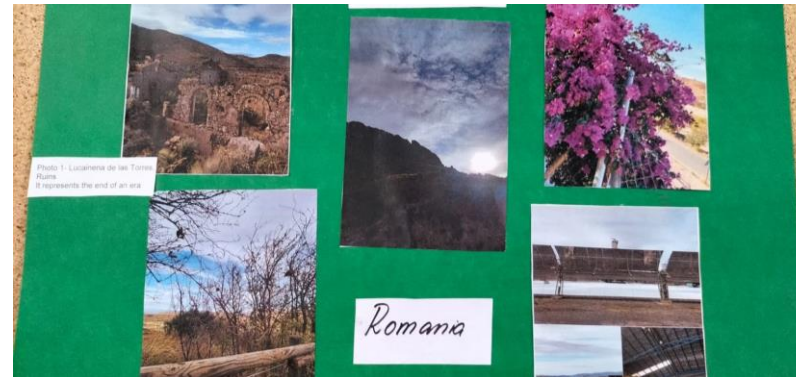
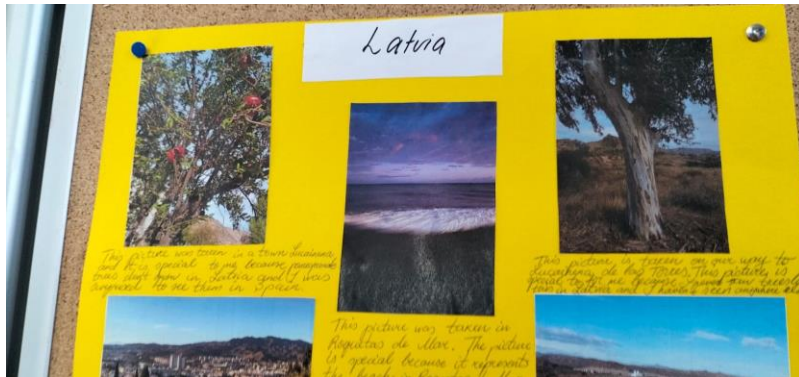
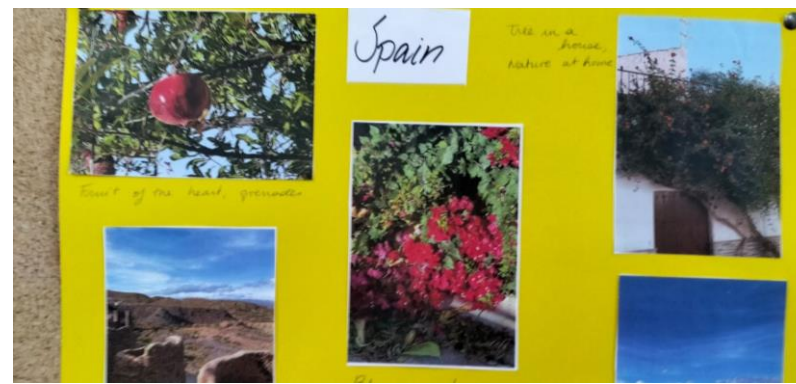


# Thursday 24<sup>th</sup> November

Trip to Cabo de Gata, a unique natural park.







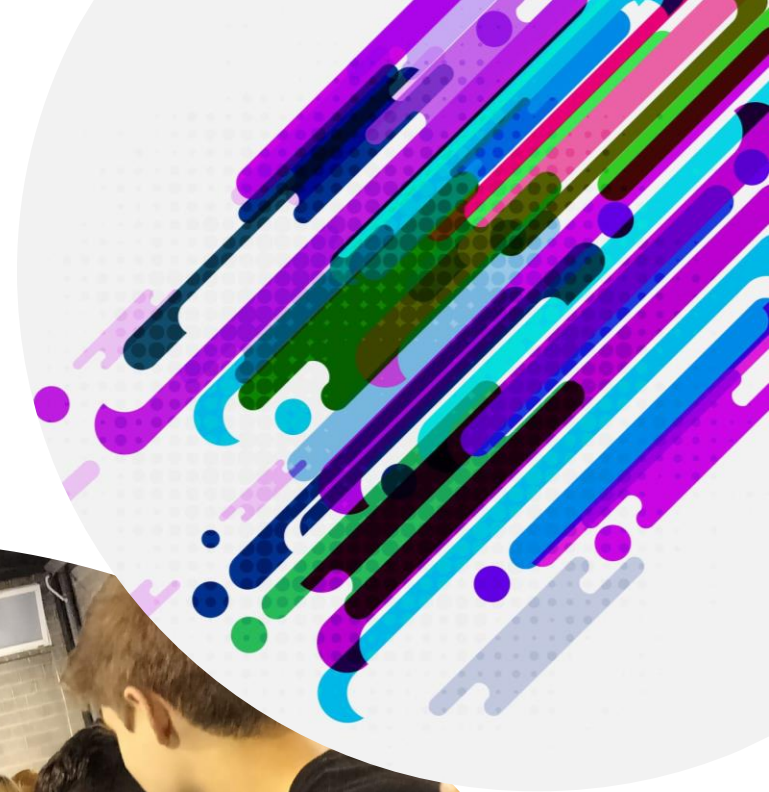
# Thursday 24<sup>th</sup> November

Trip to Cabo de Gata, a unique natural park. PHOTO CHALLENGE



# Thursday 24<sup>th</sup> November

Farewell Party at IES Las  
Marinas







# Thursday 24<sup>th</sup> November

Farewell Party at IES Las Marinas







# Thursday 24<sup>th</sup> November

Trip to Cabo de Gata, a unique natural park.







# Friday 25<sup>th</sup> November

Visit to Punta Entinas  
Sabinar Natural Park.







# Friday 25<sup>th</sup> November

Punta Entinas Sabinar Natural Park.







# Friday 25<sup>th</sup> November

Workshop: "Insects in  
the garden of school".







# Friday 25<sup>th</sup> November

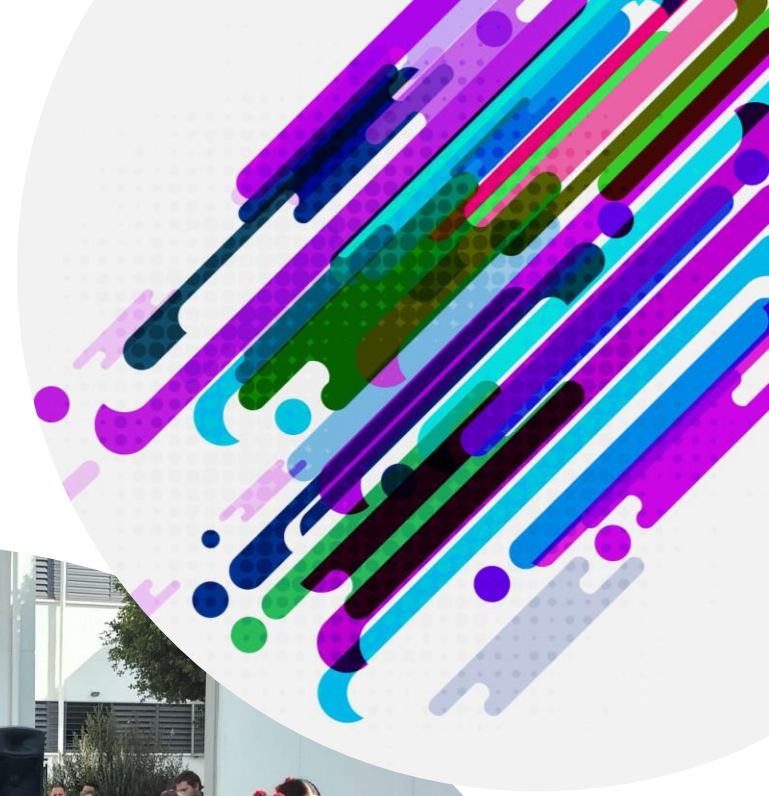
Workshop: "Insects in the garden of school".





Friday 25<sup>th</sup>  
November

Flamenco show.





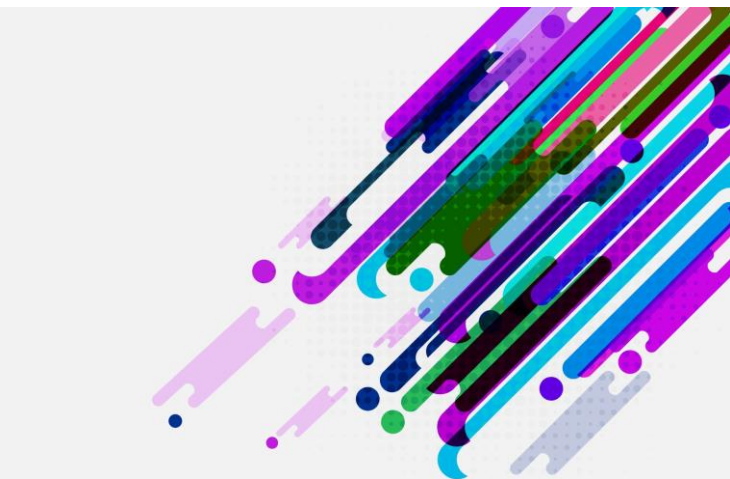


# Friday 25<sup>th</sup> November

Presentation of projects,  
evaluation of the meeting,  
participation certificates







# Friday 25<sup>th</sup> November

Presentation of projects, evaluation of the meeting, participation certificates







# Friday 25<sup>th</sup> November

Presentation of projects, evaluation of the meeting, participation certificates







# what the students said

***What I liked the most in Spain was the reception, the family I stayed with, all of my friends and the beaches.***

Catarina Sendão

***The thing I liked the most in Spain was meeting new friends and getting to know the south of Spain and the Spanish culture***

Afonso Barbosa

***The day I liked the most was Thursday because I liked the party and the magic show***

João Brito

***I really enjoyed the little party and the show and socializing***

Lara da Costa







# Friday 25<sup>th</sup> November

It's time to say goodbye.  
See you in the Czech Republic





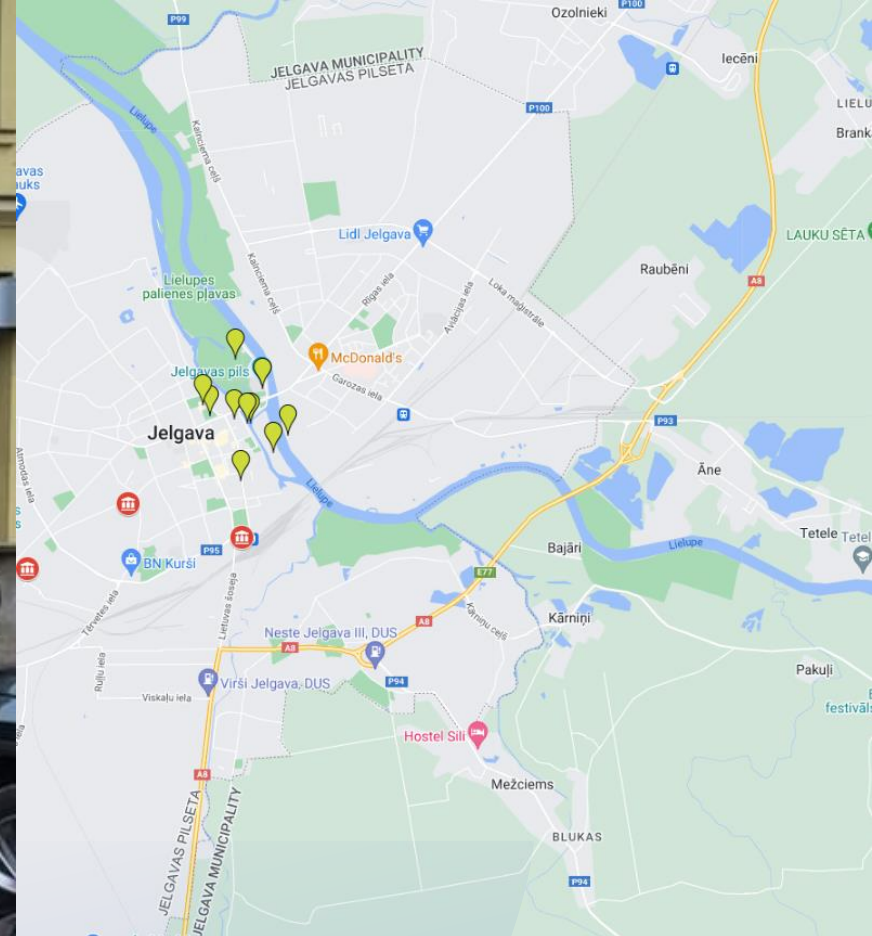
# C5 – Mobility to Latvia

Aizupe Primary School, Jelgava

Subject: Mother nature.

March 20-24,2023





# Sunday, March 19

Group arrivals.



# Monday, March 20

Welcome by school principal Amanda Siliņa

Welcome concert





# Monday, March 20

Welcome by school principal Amanda Siliņa

Welcome concert





# Monday, March 20

Welcome by school principal Amanda Siliņa

Welcome concert





# Monday, March 20

Welcome by school principal Amanda Siliņa

Welcome concert





# AIZUPES PAMATSKOLA

Monday, March 20

Team presentations





# Monday, March 20

Workshop: "Smell, touch, feel"

Lunch at school





# Monday, March 20

Visiting of Jelgava Local Municipality Council  
(Vice Chairman Ms. Ilze Vītola)







Visiting of Jelgava Local Municipality Council

(Vice Chairman Ms. Ilze Vītola)

**Monday, March 20**



# Monday, March 20

Team building - photo  
orienteering activity in Jelgava city







# Monday, March 20

Team building - photo  
orienteering activity in Jelgava city



# Tuesday, March 21

Workshop: developing game “I and birds in a wonderful world”





Tuesday, March 21  
Parallel workshops:  
For learners – a  
whirlwind of  
workshops





Tuesday, March 21

Parallel workshops: For teachers: “Handmade brooches in Latvian folkstyle”

---





# Wednesday, March 22

Cognitive nature activities: “Do for the nature” in the “Forest House” of  emer National Park





# Wednesday, March 22

Time to take a picture

Time to lunch





# Wednesday, March 22

Educational tour along the swamp trial





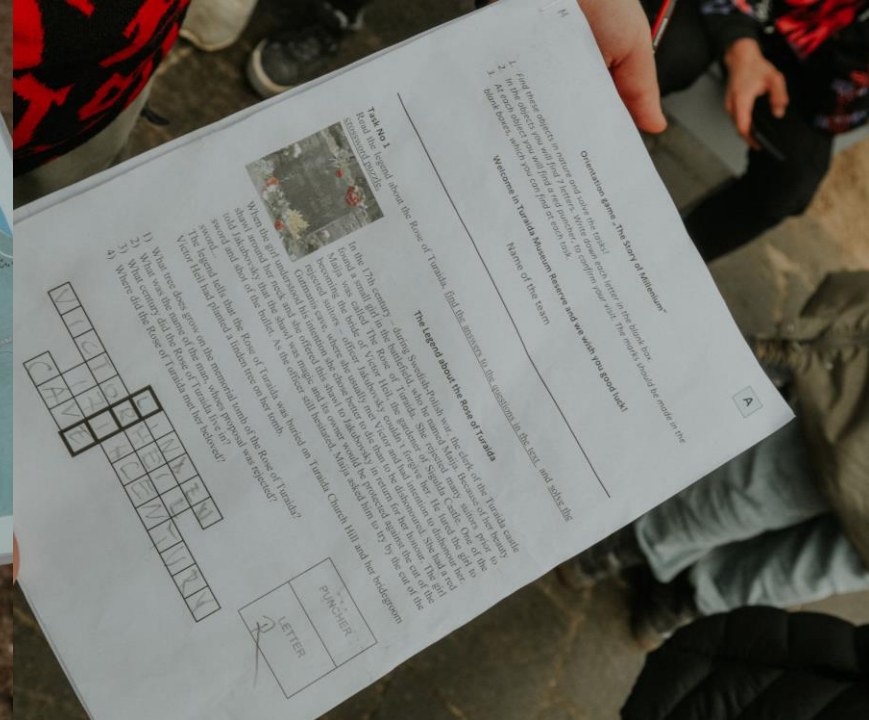
# Wednesday, March 22

Learning activity “Nature parks in Jurmala city”





Thursday, March 23  
Visiting of the  
Turaida Museum.  
Learning activities:  
“The story of  
Millennium”







Thursday, March 23  
Visiting of the safari  
park "More"



# Friday, March 24

Visiting of Riga Zoo.  
Workshop for students:  
“Making birdhouse  
stencils of wood”





# Friday, March 24

Visiting of Riga Zoo.  
Workshop for students:  
“Making birdhouse  
stencils of wood”





# Friday, March 24

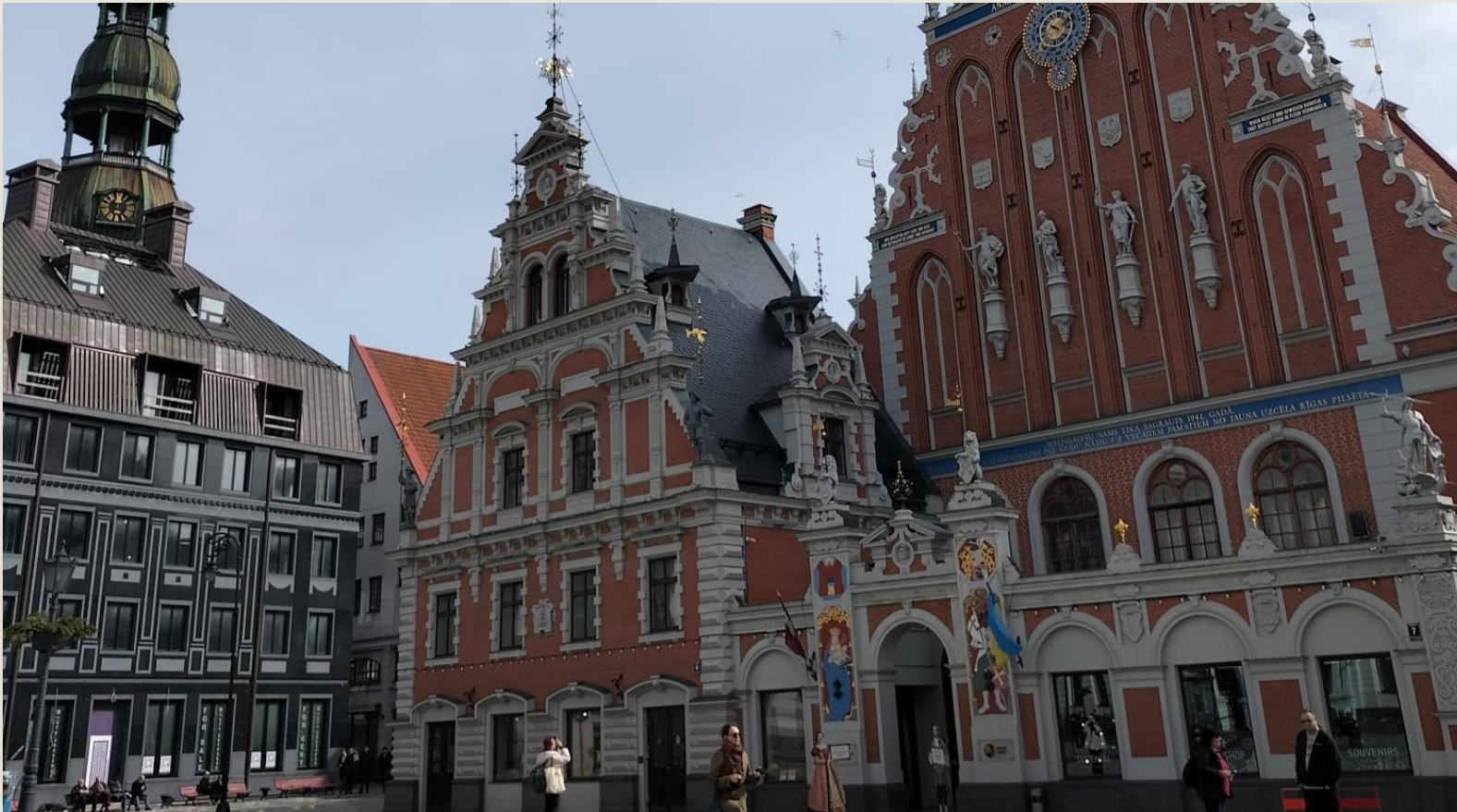
## Visiting Riga City Hall - Certificates





# Friday, March 24

## An Excursion in Riga Melngalvju nams





# Friday, March 24

Free time: excursion, sightseeing in Riga - Returning back to Jelgava by train





# Saturday, March 25

Time to go home - Farewell to the families that welcomed our students





Thanks to Aizupe Primary School for the  
wonderful experience

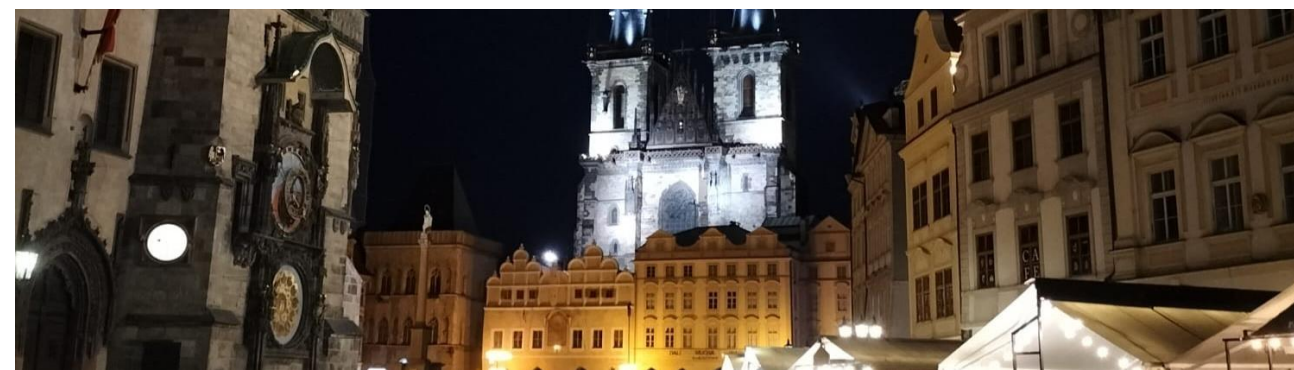
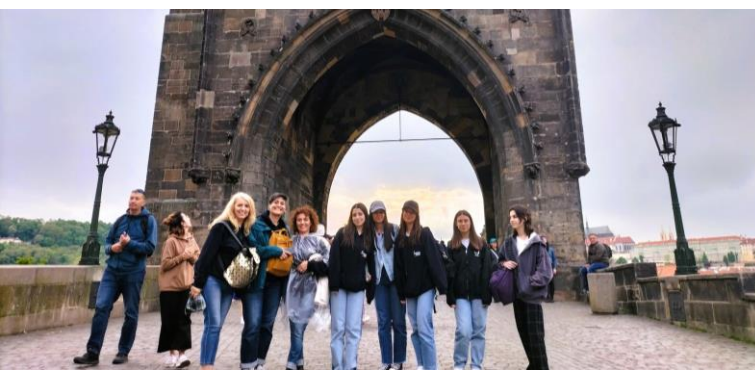
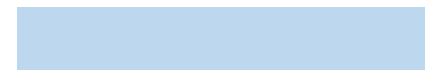
See you at KAMENICKÝ ŠENOV PRIMARY SCHOOL





# CZECH REPUBLIC

Sunday 14th May  
Praha

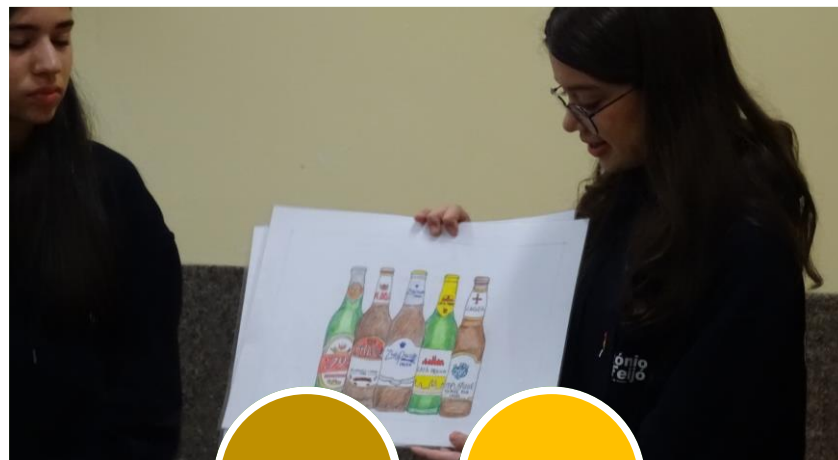






# CRYSTAL DAY

Monday 15th May  
KAMENICKÝ ŠENOV







# CRYSTAL DAY

Monday 15th May  
Leaving for excursion  
Preciosa glass company







# CRYSTAL DAY

Monday 15th May  
Preciosa glass company

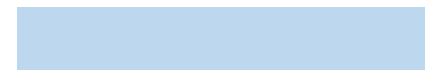






## WORKSHOP FOR TEACHERS IN GLASS MUSEUM

Questing game for  
students in Kamenický  
Šenov





# BARBECUE FOR TEACHERS

Monday 15th May  
CRYSTAL DAY



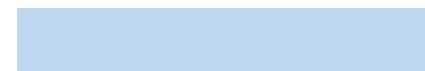




DAY IN NATIONAL  
PARK OF BOHEMIAN  
SWITZERLAND

---

Tuesday 16th May  
Jetřichovice



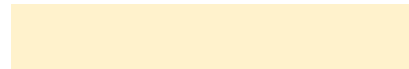




DAY IN NATIONAL  
PARK OF BOHEMIAN  
SWITZERLAND

---

Workshop at the Rubens  
soap factory in Růžová

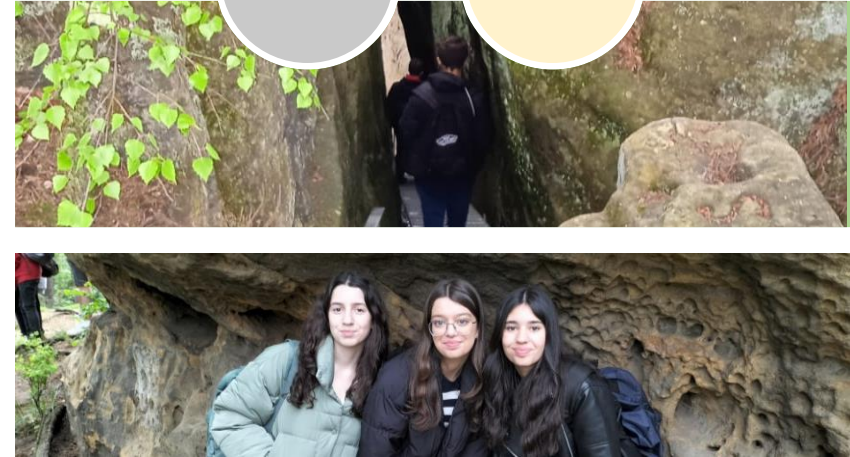






# DAY IN NATIONAL PARK OF BOHEMIAN SWITZERLAND

Tuesday 16th May







# GEOLOGICAL DAY

Wednesday 17th May  
Workshop - upcycling

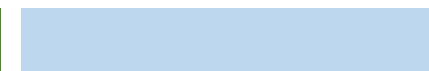






# GEOLOGICAL DAY

Geological games and  
activities at Panská  
skála







# GEOLOGICAL DAY

Wednesday 17th May

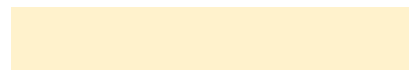




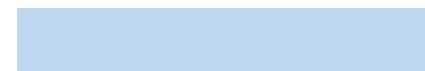
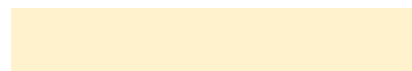
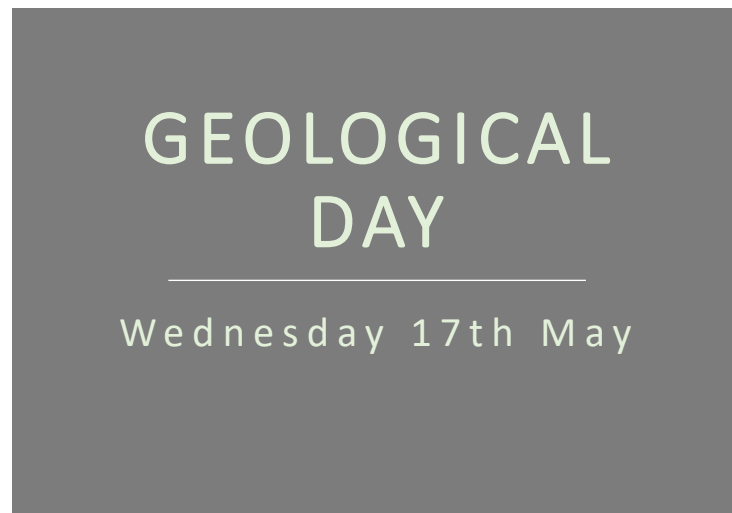


# GEOLOGICAL DAY

Wednesday 17th May





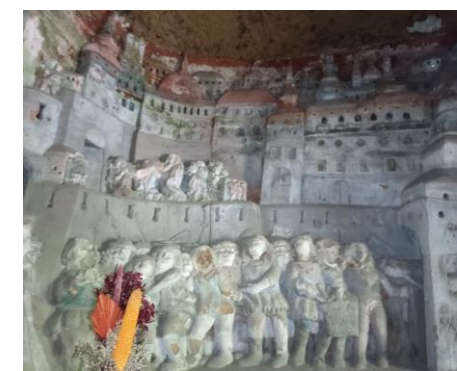
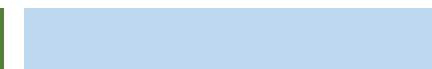






# GEOLOGICAL DAY

Visiting Pačinek glass  
workshops and Crystal  
temple

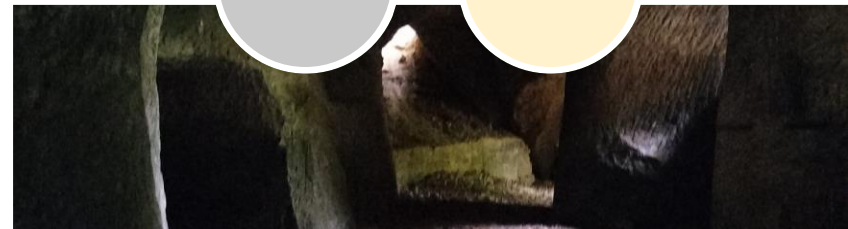
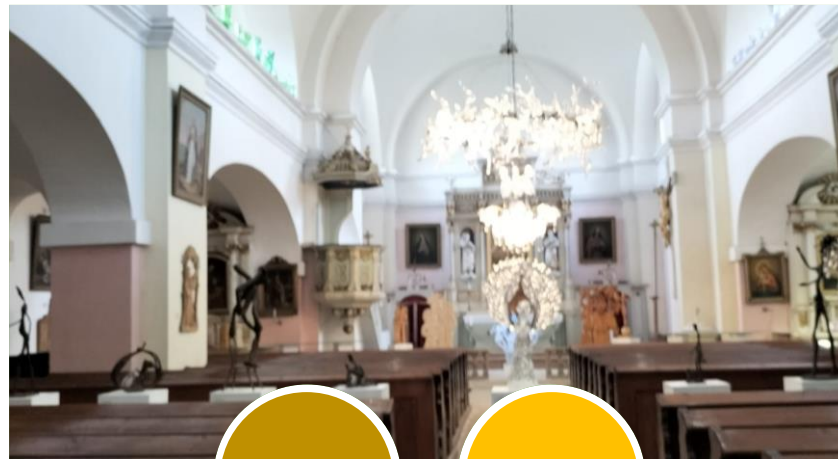






# GEOLOGICAL DAY

Wednesday 17th May





# GEOLOGICAL DAY

Wednesday 17th May





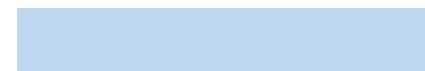
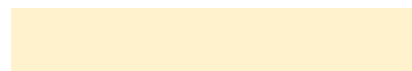
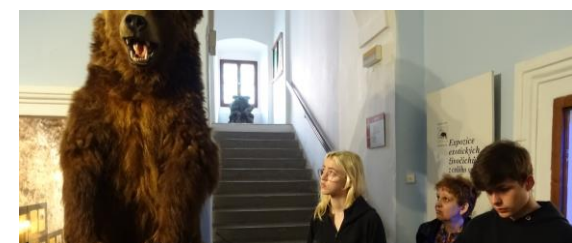
# TOUR AROUND NOVÝ BOR TOWN

Wednesday 17th May

Dinner at Novotný  
Glass Nový Bor











# ECOLOGICAL DAY

Thursday 18th May

Visiting Diama company  
in Stráž p. Ralskem



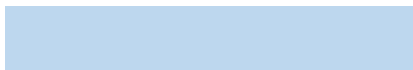




ECOLOGICAL DAY

---

Rope activities,  
padlleboards, ball  
games at beach in Hamr  
na Jezeře

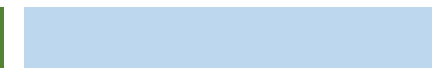
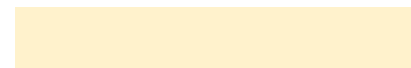
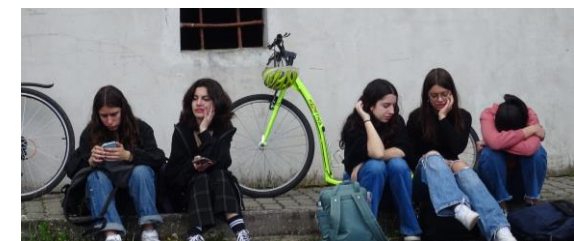






WE ARE  
ECOLOGICAL

Friday 19th May  
Descent on scooters or  
walking to Nový  
Oldřichov







# WE ARE ECOLOGICAL

Friday 19th May  
Excursion to Fire museum  
in Nový Oldřichov







# WE ARE ECOLOGICAL

Friday 19th May

Photos and videos from the  
week, certificates, saying  
Goodbye







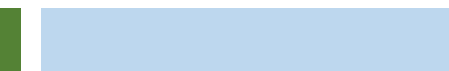
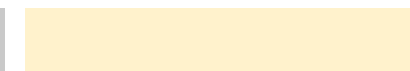
# WE ARE ECOLOGICAL

Friday 19th May

Photos and videos from the week, certificates, saying Goodbye







Základní škola a mateřská škola Kamenický Šenov

Grunnskóli Borgarfjarðar

Aizupes pamatskola

Școala Gimnazială "Aurel Vlaicu" ARAD

Instituto Educación Secundaria Las Marinas

Agrupamento de Escolas António Feijó





C1 - Mobility to  
Iceland



**Fátima Ferraz  
Márcia Fernandes**

**Maria Silva  
Gabriela Sá  
Luísa Ferreira  
Maria Silva  
Nuno Baptista**



C5 - Mobility to  
Latvia



**Fátima Ferraz  
Emília Pinto**

**Luísa Ferreira  
Maria Luísa Silva  
Paulo Alves  
Matheus Freitas  
Nuno Baptista**

**Sandra Fernandes  
Rui Carvalho**

**Ariana Oliveira  
Bruna Azevedo  
Luísa Sendão  
Asier Sousa  
João Sousa**



C2 - Mobility to  
Romania



C6 - Mobility to  
Czech Republic



**Fátima Ferraz  
Elisabete Estrela  
Márcia Fernandes**

**Ana Gonçalves  
Leonor Domingues  
Matilde Martins  
Diana Dias  
Maria Martins**



C4 - Mobility to  
Spain



**Fátima Ferraz  
Carla Sofia Araújo**

**Afonso Barbosa  
João Brito  
Lara Costa  
Martim Goncalves  
Catarina Sendão**

*Another Erasmus+ project coming to an end.  
Congratulations to all partner schools.*



**Cofinanciado pela  
União Europeia**





**Cofinanciado pela  
União Europeia**

2021-1-LV01-KA220-SCH-000024421