



1 Šeirė Nature Trail

A circular trail (consisting of two loops, up to 3.6 km long) leading through the picturesque hills along the shores of Lake Plateliai. A section of the trail is suitable for all types of strollers and wheelchairs, with information signs provided throughout. Numerous rest areas offer opportunities for relaxation and learning interesting facts about the surrounding nature.



4 The Germantas and Ilgis Lake Trails and Recreation Areas

Lake Germantas offers stunning views and sunsets, with a scenic trail winding through the hills along the shore. Discover a beach, a tree-hugging platform, swings and a playful iron spring devil. Just over 1 km away, a forest trail leads to small Ilgis Lake, surrounded by an educational trail with climbing and exercise equipment. Part of the trail can be explored barefoot.



5 The Samogitian Village Museum

Discover three authentic Samogitian farmsteads and rich indoor and outdoor exhibitions. The museum grounds feature a flower and herb garden, grain fields and friendly horses, sheep, goats, rabbits and a cat. Convenient paths, swings and activities make it family-friendly. Educational activities and guided tours are available, including engaging tours in the Samogitian dialect.



6 Debesnos Botanical Trail (Varniai)

This impressive 1.5 km wooden trail crosses a marshland, offering an insight into local flora and fauna, wetland habitats and open landscapes. Parking is easiest by the town cemetery, about 150 m from the trailhead. The trail is semi-circular; after completing it, return along the road for about 1 km. Midway, an arched bridge features a fairly steep ascent and descent.



7 Varniai Regional Park Visitor Centre

Explore the 300 m nature trail around the centre. Enjoy the giant swings, play the outdoor musical instruments, and experience the sensation of barefoot trail. During opening hours, the indoor exhibits offer interactive ways to discover the park, including a marshland puzzle and a tactile model of the park's territory. Advance booking is required for Nature School activities.



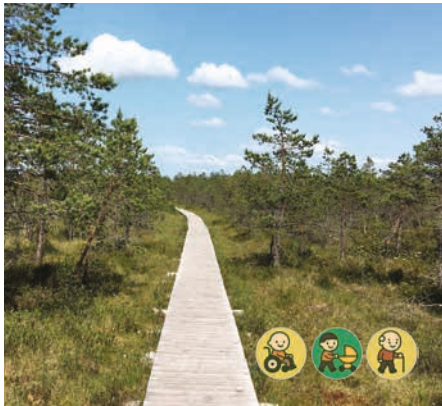
10 Viekšniai Pharmacy Museum and Medicinal Plant Garden

As you listen to the museum curator's heart-felt stories, you will have a unique opportunity to view the wonderfully preserved historic interior of the pharmacy and the pharmacist's living quarters, discover a wealth of authentic exhibits, and learn about the history of medicine and pharmacy across different periods. In the medicinal plant garden, see healing plants and try the restored traditional swing. Open during regular hours.



20 Kurtuvėnai Regional Park Visitor Centre

The restored manor coach house welcomes visitors with a playful, hands-on exhibition where you can discover the park's nature, culture and history through touching, exploring and swinging. Nearby, an impressive restored wooden granary hosts events and an escape room, while a playground awaits children. Book a guided tour or education in advance. Taste the region's culinary heritage at the local tavern.



27 Mūša Tyrelis Nature Trail

This 6 km+ circular trail crosses a raised bog and is listed in the Lithuanian Book of Records as the country's longest wooden boardwalk. Discover the unique ecosystem of this vast bog, lake, forest along with the mythical Mūša Tyrelis Stone and a former partisan campsite. While the wooden boardwalk is narrow, it is fully suitable for pushchairs. However, in the natural forest section, you may encounter difficulties due to tree roots or soft ground.



29 Žagarė Manor House and Park, Švėtė Dam, Dolomite Outcrop

Explore the magnificent manor house and discover the history of Žagarė and the estate through its rich exhibitions, hunting trophies, guided tours and educational activities. Wander through the spacious park and admire its distinctive Tudor-style estate buildings. A short walk from the manor leads to the funnel-shaped Švėtė River dam and a small dolomite outcrop.



30 Dobele Castle, Herb Garden & Riverside Trail

The surviving part of the castle has been thoughtfully adapted for visitors, creating a unique atmosphere. Explore the indoor exhibits and join educational activities during opening hours. A herb garden beside the castle ruins is always open and offers a chance to discover medicinal plants. Across the Bērze River, a short wooden riverside trail offers lovely views of the castle and fountains.



33 Tērvete Nature Park

A vast forest park filled with attractions and activities for all ages. Discover magical Dwarves villages, long trails with wooden sculptures, observation tower, and impressive climbing structures for children and adults. Stay for a few hours or the whole day, ride the electric train, rent a bike, enjoy a meal at the café—and perhaps even meet a Dwarf, if you're lucky! Nearby main car park, you'll also find net parks and a tropical butterfly house.



35 Naisiai: Baltic Herbs Garden, Baltic Arena, Park & Island of Angels

Located in Naisiai, a region of scenic plains, the impressive newly constructed amphitheatre-style hill known as the Baltic Arena rises at the heart of a spacious newly landscaped park. Discover the Baltic Herbs Garden, ponds with beaches, and an island reached by a footbridge, adorned with giant angel sculptures and rabbits roaming among them. A delightful place to relax and explore.



38 Wooden Boardwalks in the Floodplain Meadows of the River Svēte

Two safe, accessible wooden boardwalks, located close together, offer a great way to explore the landscape and observe nature. Together, they stretch for over 1 km: one follows loops through the Svēte floodplain reedbeds, while the other circles a small lake. Visit in every season—the reeds sway in summer, ice covers the meadows in winter, and spring floods transform the landscape into a vast lake.



39 Pasta Island, Mītava Bridge and Chamotte Sculpture Park in Jelgava

The elegant Mītava pedestrian bridge links Pasta Island with Jelgava's centre, offering modern design and panoramic views. The island's Chamotte Sculpture Park invites visitors to stroll among and even touch the artworks created by Latvian, Estonian and Lithuanian artists. Enjoy walking and cycling trails, playgrounds, and a beach. On nearby Pils Island, explore the nature discovery area and a viewing platform.



40 Eleja Manor Park

The historic park features preserved structures, scenic ruins, restored paths and a footbridge to the peninsula. Discover two interactive artworks: *Mīlestībai* (For Love), whose magic comes alive after dark, and *Saruna* (Conversation), enabling visitors on opposite shores to talk. The park also has a modern exhibition hall and restored Oriental-style tea house. Guided tours and tea tastings require advance booking.



42 The Green Spaces of Joniškis

The town features three main green spaces that provide excellent opportunities to relax. In the city's leafy park, discover wooden sculptures and art installations, relax or visit the summer reading room. The recreation area by the stadium features a pond, beach, volleyball court and a scenic waterside trail. Between Naujoji and Kaštonų streets, an arboretum blends ornamental planting with natural meadows, managed to support biodiversity.



44 Rundāle Palace Ensemble and the French Garden

One of the Baltic States' finest Baroque and Rococo architectural treasures. Explore its historic interiors and rich art collections. The magnificent French garden is renowned for its rose garden and geometric design, with elegant avenues, bosquets and a green open-air theatre. If the paths are unsuitable for wheelchairs, museum equipment may be available on request.



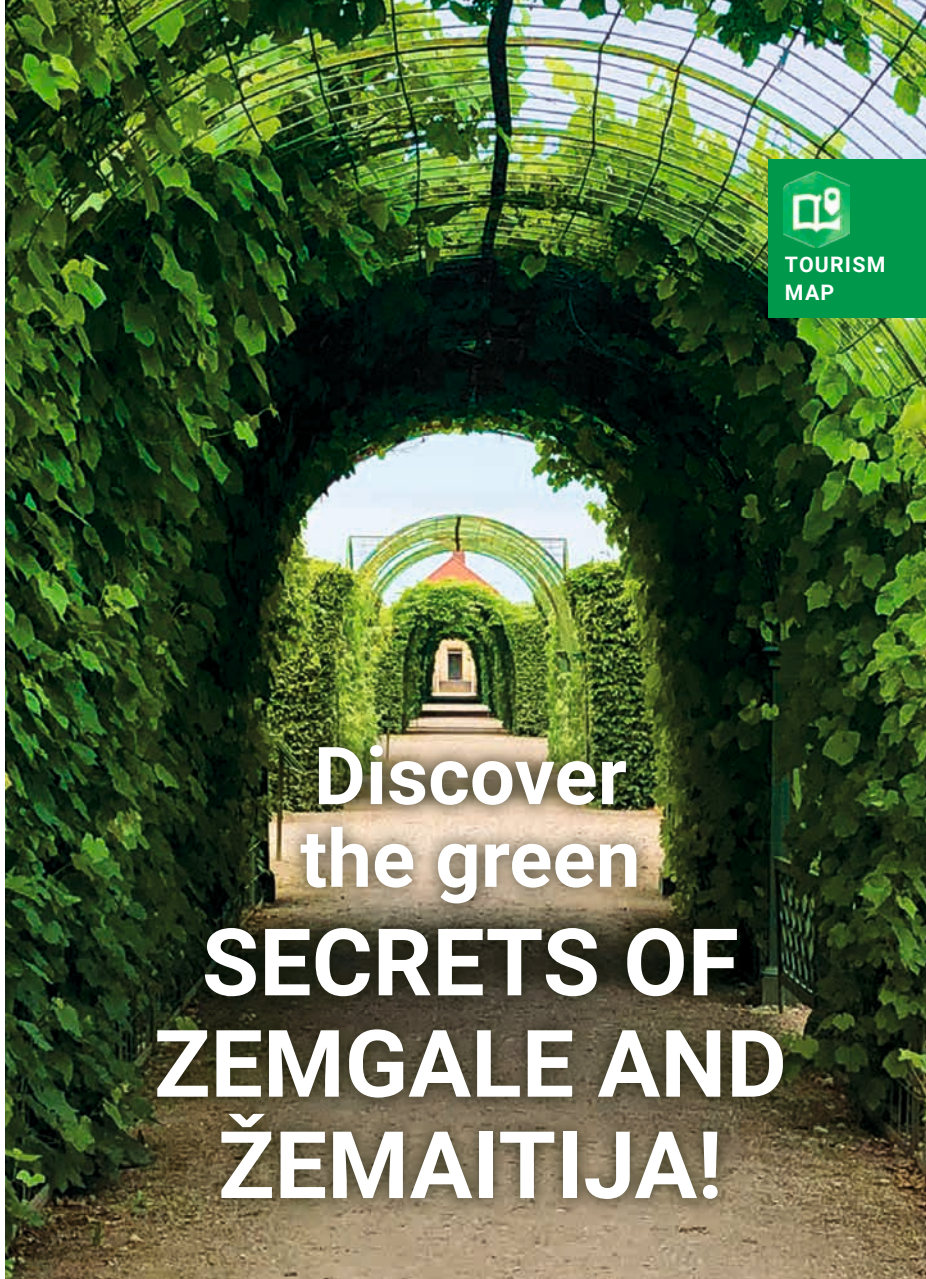
45 Mežotne Hillfort Nature Trail, Church and Summer Pontoon Bridge

Scenic trails around Mežotne Hillfort offer a loop of up to 1 km. By prior arrangement, visit the restored Mežotne Church and its exhibition exploring the area's history and Semigallian heritage. In summer, a floating footbridge across the Lielupe offers peaceful river views. On the opposite bank are Mežotne Manor and its park.



46 Iecava Park and Nature Trail Dievdārziņš

Start at the manor and walk through the park to the historic Lutheran church. From there, a 300 m wooden riverside trail, "Dievdārziņš", leads along the Iecava River. The one-way distance is about 1.5 km. Along the way, discover a green labyrinth recreating a lost part of the manor and a charming historic gardener's house. Enjoy views of the river valley and dolomite outcrops.



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This publication has been prepared as part of project 'Exploit Your Senses to Discover the Green Secrets of Zemgale and Žemaitija!' (LL-00126, 'Green Secrets'). The project aims to expand sustainable tourism opportunities across the Latvia-Lithuania cross-border region by creating an interconnected network of green and sensory tourism attractions. Project partners: Directorate of Žemaitija Protected Areas, Jelgava County Municipality, Bauska County Municipality, Joniškis Tourism and Business Information Centre, and Nature Heritage Fund. The project is co-funded by the European Union under the Interreg VI-A Latvia-Lithuania Programme 2021-2027. Total project budget is 740 810 EUR. Co-funding of European Regional Development Fund is 592 648 EUR. The contents of this publication are the sole responsibility of Nature Heritage Fund and do not necessarily reflect the views of the European Union.

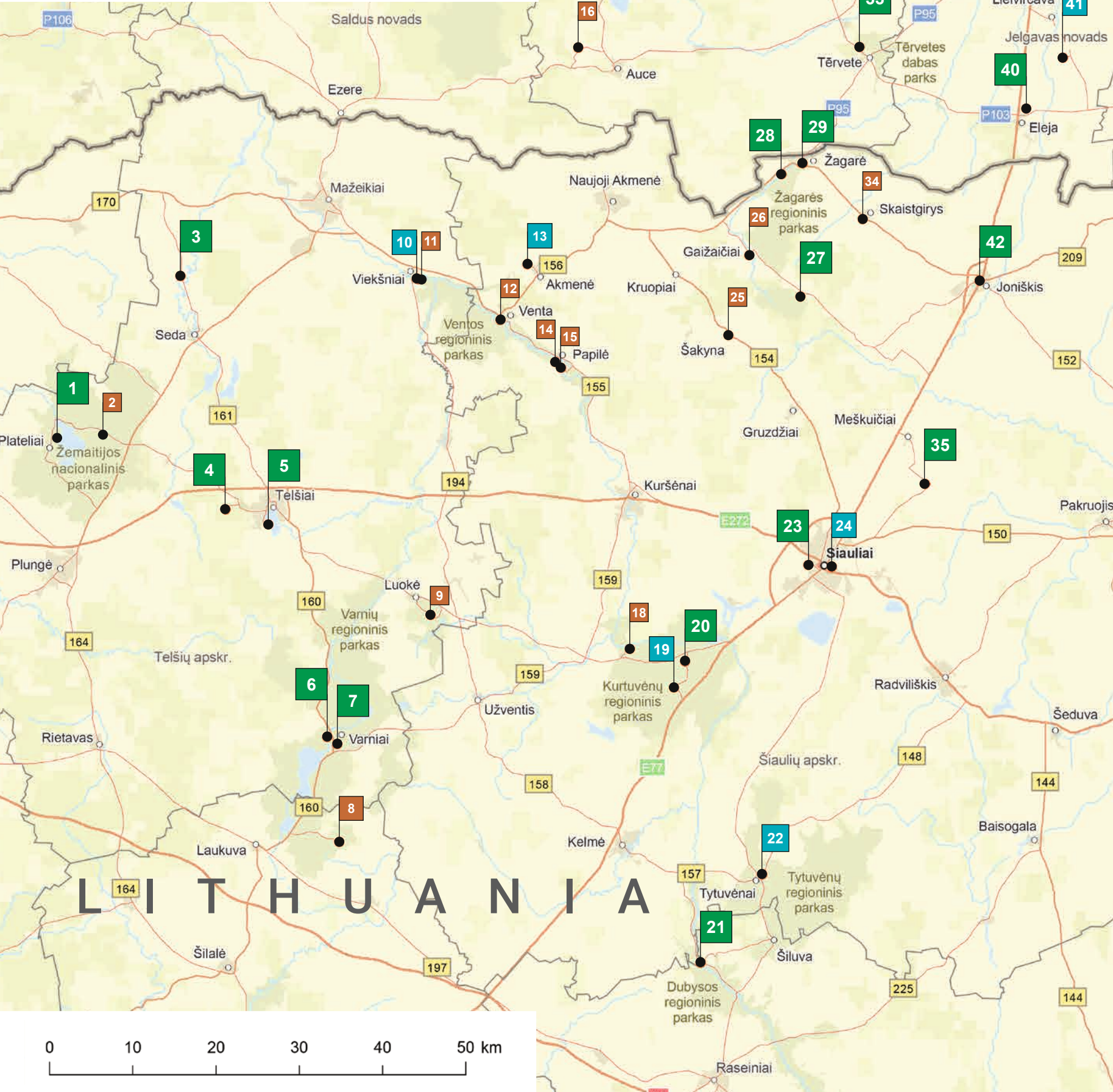


RECOMMENDED ROUTES



CONNECT THE RECOMMENDED STOPS AND SET OFF ON YOUR JOURNEY OF DISCOVERY!

- A** Žemaitija's Lakeside Trails – 1 day (No. 1 – 2 – 4)
- B** Žemaitija's Hills & Bridges – 1 day (No. 22 – 21 – 8 – 7 – 6 – 9)
- C** Along the Venta River – 1 day (No. 15 – 14 – 12 – 11 – 10)
- D** Following the Trails of the Semigallians – 2 days (No. 27 – 26 – 28 – 29 – 33 – 31 – 30 – 17)
- E** The Green Spaces Trail – 2 days (No. 23 – 24 – 35 – 42 – 40 – 38 – 39)
- F** Zemgale's Natural & Cultural Mosaic (No. 46 – 45 – 43 – 44 – 47)



Green secrets

The “Green Secrets” map invites you to embark on an inspiring journey through the historic Zemgale region and discover places where nature, cultural heritage and memorable sensory experiences come together to create a story of their own. Every stop reveals a unique green space, thoughtfully adapted to different visitors and inviting you to experience the surrounding landscape with all your senses. Slow down, reconnect with nature and discover the joy of a more mindful and meaningful way of travelling.



Suitable for visitors with reduced mobility



Partially suitable for visitors with reduced mobility

To help you plan your journey, the attractions have been grouped according to the time needed to explore them. We recommend allowing **several hours to a full day** for the larger sites, **up to a couple of hours** for medium-sized attractions, and **around one hour** for smaller places.



Large attractions



Medium-sized attractions



Small attractions

This publication takes a closer look at the larger attractions. To discover more about these places, as well as all the stops along the recommended routes, simply scan the QR code and open the mobile app: <https://arcg.is/1CrOua4>

Before setting off, we recommend checking visiting times, opening hours and the services available at each destination.



More information

- 1. Šeirė Nature Trail**
Ežero g. 40D, Medsēdžiai, Plungės district, Lithuania
- 2. Park of Energy Labyrinths and Geometric Figures**
Likšai 5, Plungė District, Lithuania
- 3. Renavas Manor Park**
Dvaro g. 2, Renavas, Mažeikiai District, Lithuania
- 4. The Germantas and Ilgis Lake Trails and Recreation Areas**
Pagermantis, Telšiai District, Lithuania
- 5. The Samogitian Village Museum**
Malūno g. 5, Telšiai, Telšiai District, Lithuania
- 6. Debesnos Botanical Trail (Varniai)**
Gintalai, Telšiai District, Lithuania
- 7. Varniai Regional Park Visitor Centre**
Dumbrių g. 3, Ūžtakiai, Telšiai District, Lithuania
- 8. Medvėgalis Hill (Hillfort)**
Karūžiškė II, Šilalė District, Lithuania
- 9. Šatrijos Hill (Hillfort)**
Pašatrija, Telšiai District, Lithuania
- 10. Vieکشnai Pharmacy Museum and Medicinal Plant Garden**
Tilto g. 3, Vieکشnai, Mažeikiai District, Lithuania
- 11. Vieکشnai Watermill and Dam, Monkey Bridge**
Akmenės g. 24, Vieکشnai, Mažeikiai District, Lithuania
- 12. Venta Regional Park Visitor Centre**
Ventos g. 30A, Venta, Akmenė District, Lithuania
- 13. Kamanai State Nature Reserve Visitor Centre**
Pušų g. 2, Akmenė II village, Akmenė District, Lithuania
- 14. Papilė Suspension Bridge**
Kranto g., Papilė, Akmenė District, Lithuania
- 15. Augustaičiai Watermill**
Augustaičiai, Akmenė District, Lithuania
- 16. Kevele Springs**
Vītiņi Parish, Dobeļe County, Latvia
- 17. The Īle National Partisan Bunker**
Zebrenes Parish, Dobeļe County, Latvia
- 18. Svilė Springs**
Svilė, Kelmė District, Lithuania
- 19. Jautmalkė Nature School and the Smirdėlė Trail**
Jautmalkė I, Kelmė District, Lithuania
- 20. Kurtuvėnai Regional Park Visitor Centre**
Parko g. 2, Kurtuvėnai, Šiauliai District, Lithuania
- 21. Lyduvėnai Bridge**
Lyduvėnai, Raseiniai District, Lithuania
- 22. Tytuvėnai Regional Park Visitor Centre**
Miško g. 3, Tytuvėnai, Kelmė District, Lithuania
- 23. Botanical Garden of Vilnius University Šiauliai Academy**
Paitaičių g. 4, Šiauliai, Lithuania
- 24. Šiauliai: The Iron Fox**
Meškerių g., Šiauliai, Lithuania
- 25. Šakyna Community Flower Maze**
Šiaulių g. 18, Šakyna, Šiauliai District, Lithuania
- 26. Gaizaičiai Stone Sculpture Park and Stone Maze**
Gaizaičiai, Joniškis District, Lithuania
- 27. Mūša Tyrelis Nature Trail**
Juodeikiai, Joniškis District, Lithuania
- 28. Žagarė Esker Nature Trail**
Žagarė, Joniškis District, Lithuania
- 29. Žagarė Manor House and Park, Švėtė Dam, Dolomite Outcrop**
Malūno g. 1, Žagarė, Joniškis District, Lithuania
- 30. Dobeļe Castle, Herb Garden & Riverside Trail**
Brīvības iela 2c, Dobeļe, Latvia
- 31. Pēteris Upiťis Horticultural Museum in Dobeļe**
Graudu iela 1, Dobeļe, Latvia
- 32. Rūkšū Tēja Farm**
Rūkšī, Krimūnu Parish, Dobeļe County, Latvia
- 33. Tērvete Nature Park**
Tērvete Parish, Dobeļe County, Latvia
- 34. Skaistgirys Barefoot Trail**
Skaistgirys, Joniškis District, Lithuania
- 35. Naisiai: Baltic Herbs Garden, Baltic Arena, Park & Island of Angels**
Gēļes g. 9, Naisiai, Šiauliai District, Lithuania
- 36. Ostrich Farm Mazzariņi**
Mazzariņi, Glūda Parish, Jelgava County, Latvia
- 37. Emu farm Emu Home**
Strautiņi, Livbērze parish, Jelgava County, Latvia
- 38. Wooden Boardwalks in the Floodplain Meadows of the River Svēte**
Sniega iela, Miežites ceļš, Būriņu ceļš, Jelgava, Latvia
- 39. Pasta Island, Mītava Bridge and Chamotte Sculpture Park in Jelgava**
Pasta sala, Jelgava, Latvia
- 40. Eleja Manor Park**
Eleja, Jelgava County, Latvia
- 41. Mini zoo “Mūsu Zoo”**
Ābelītes, Sesava Parish, Jelgava County, Latvia
- 42. The Green Spaces of Joniškis**
Žemaičių g. 14, Joniškis, Lithuania
- 43. Rundale Watermill**
Pilsrundāle, Rundāle Parish, Bauska County, Latvia
- 44. Rundāle Palace Ensemble and the French Garden**
Pilsrundāle, Rundāle Parish, Bauska County, Latvia
- 45. Mežotne Hillfort Nature Trail, Church and Summer Pontoon Bridge**
Mežotnes luterāņu baznīca, Mežotne Parish, Bauska County, Latvia
- 46. Iecava Park and Nature Trail Dievdārziņš**
Grāfa laukums 1, Iecava, Bauska County, Latvia
- 47. Bauska Castle and Riverside Walking Trail**
Pilskalna iela, Bauska, Latvia
- 48. The “Jūras” Woodworking Homestead**
Rožu iela 4, Vecumnieki, Bauska County, Latvia
- 49. Bārbele Sulphur Spring (Bārbeles sēravots)**
Sēravots, Bārbele Parish, Bauska County, Latvia
- 50. Skaistkalne Sinkholes Trail (Skaistkalnes karsta krītenes)**
Skaistkalne Parish, Bauska County, Latvia
- 51. Kurmene Manor (Kurmenes muiža)**
Zaļā iela 2, Kurmene, Bauska County, Latvia